

October treats at the CCPA

Don't miss an exciting October lineup at the Cerritos Center for the Performing Arts (CCPA).

In the tribute show "Sweet Caroline – The Music of Neil Diamond," Jay White pays homage to the icon that "The New York Times" called the "Marathon Man of Pop." Legend Neil Diamond's career spans five decades, with record sales soaring over 125 million globally. The Grammy-Golden Globe-American Music award winner and Songwriters and Rock & Roll Halls of Famer captivated music fans with hits such as "Love on the Rocks," "Hello Again," "I'm a Believer," "America" and the timeless "Sweet Caroline." Tickets start at \$40 for the 8 p.m. show on Friday, October 4.

Ever since LeAnn Rimes won the "Best New Artist" Grammy at age 14, the Country music songstress has continued to enthrall fans all over the world. Enjoy an acoustic take on her timeless No. One hits, including "How Do I Live," "I Need You" and "Can't Fight the Moonlight." The multi-Platinum singer's triumphs also include the dance songs "Long Live Love," "LovE Is LovE Is LovE" and "Love Line" and the album "god's work," which "Variety" magazine named to its "Best Albums of 2022" list. Mark your calendar for 8 p.m. on Saturday, October 5. Tickets, starting at \$55, are going so fast for this Director's Pick performance of "LeAnn Rimes: Acoustic"!

Billy Ocean and The Spinners take over the Cerritos stage on Wednesday, October 9 at 7 p.m. With more than 30 million albums sold, Ocean has collected Gold and Platinum records across the world. His hits, like "Caribbean Queen (No More Love on the Run)," "There'll Be Sad Songs (To Make You Cry)" and "Get Outta My Dreams, Get Into My Car" keep fans of all generations on their feet. With a career spanning six decades, the Rock & Roll Hall of Fame group The Spinners will deliver their hits, including "The Rubberband Man," "I'll Be Around," "Could It Be I'm Falling in Love" and "Working My Way Back to You." The show is on Wednesday, October 9 at 7 p.m. and tickets start at \$64.

CeeLo Green is gonna be in da house! Mark your calendar for Saturday, October 12 at 8 p.m. Known for his Soul-infused blend of Hip-Hop and R&B, the celebrated rapper-producer boasts a full trophy shelf, on which sits a "Billboard" Music Award, a BET award, a BRIT Award and five Grammys, including for "Best Urban/Alternative Performance" for the hits "Crazy" and "Forget You." A former judge and coach on the popular television competition "The Voice," he also scored a Grammy for "Best Traditional R&B Performance" for "Fool for You." Ticket prices start at \$64. "Variety" magazine called Melissa Etheridge an "expert at whipping up and working a crowd." Come see for yourself when the Rock singer and Oscar-Grammy winner returns to Cerritos with her "I'm Not Broken Tour" on Sunday, October 13 at 7 p.m. She will perform her timeless hits, which include "Come to My Window," "I'm the Only One," "I Want to Come Over" and "I Need to Wake Up." Tickets start at \$54. Gin Blossoms shook up the Alt-Rock/Power Pop scene with the hit "Hey Jealousy," which landed on the Top 25 music charts and attained Gold status. "Variety" hailed Gin Blossoms' "garage pop," calling it honest and edgy. The band followed up with the Top 25 hits "Til I Hear It From You," "Follow You Down"

and "Found Out About You" and notched a Grammy nomination for "As Long as It Matters." VIP package details are available on the CCPA's website. Tickets start at \$64 for this Director's Pick show on Thursday, October 17 at 7:30 p.m. VIP packages with special perks are available.

Violist Wil Baptiste and violinist Kev Marcus shake up cultural and musical stereotypes by masterfully blending Classical music with Hip-Hop for a truly unique beat that has been called "classical boom." NPR hailed: "Their music will keep classical music alive for the next generation." The duo's Stereotypes album debuted in the No. One spot on "Billboard's" Classical Crossover chart, and "Take the Stairs" picked up a Grammy nomination for "Best Contemporary Instrumental Album." Tickets start at \$54 for this Performance Partner Program sponsored by Nederlander Concerts. The show is at 8 p.m. on Friday, October 18. The 10-percent Choose Your Own Season discount does not apply to this show.

Grammy-winning trumpeter Chris Botti's dreamy instrumentals have made him a major player in the contemporary Pop and Jazz scenes. "The Mercury News" praised his "amazing tone and sense of lyricism." Botti's albums include the Gold-selling "When I Fall in Love"; its follow-up "To Love Again"; the Grammy-nominated "Italia"; "Impressions," which won a Grammy for "Best Pop Instrumental Album"; and the most recent "Vol. 1." Ticket prices start at \$54 for this 8 p.m. concert on Saturday, October 19.

America's favorite game comes to your hometown! Contestants are randomly selected from the audience to join the host onstage in "Wheel of Fortune LIVE!" for a chance to spin a replica of the iconic Wheel, solve puzzles and win incredible prizes such as trips to Paris and Hawaii or up to \$10,000 in cash. Tickets start at \$30 for this event, appropriate for ages 8 to 108. The fun starts at 7 p.m. on Tuesday, October 22. This is not a filming of the televised show. The 10-percent Choose Your Own Season discount does not apply to this show. More information and VIP package details are available on the CCPA's website.

Terri Clark holds the distinction of being the only Canadian female member of the Grand Ole Opry. The Country singer has topped music charts in the United States and her motherland with a slew of hits, including "If I Were You," "Poor Poor Pitiful Me," "Emotional Girl," "Girls Lie Too" and "You're Easy on the Eyes." The Country Music Association award winner also boasts multiple Juno Awards, including one for "Best Country Female Artist." Tickets start at \$54 for Clark's show on Friday, October 25 at 8 p.m. Nicole Zuraitis is "a first rate songwriter, powerhouse vocalist, and Grade A pianist!" raved "All About Jazz." The singer-songwriter-pianist scored a Grammy for "How Love Begins" and "Hive Mind" was crowned the "Best Jazz Album" in the 2018 International Music and Entertainment Awards. Ticket prices start at \$54 for her show at 8 p.m. on Saturday, October 26. International Pop superstar Nick Carter comes to Cerritos for the first time ever on Tuesday, October 29 at 7:30 p.m.! His nine-time Grammy-nominated band Backstreet Boys wooed fans all over with the Pop hit songs "I Want It That Way," "Don't Go Breaking My Heart" and "Shape of My Heart." Carter has contin-

Scan the QR code to access the CCPA Events page to purchase tickets.

ued to dominate the spotlight with his foray onto the silver screen and his solo hits, including "Hurts to Love You," "Superman," "Made for Us," "I Will Wait" and "Never Break My Heart (Not Again)." Tickets start at \$65. The 10-percent Choose Your Own Season discount does not apply to this show.

"Billboard"-charting singer-songwriter and pianist A.J. Croce celebrates the music, stories and legacy of his late father: legendary Folk-Rocker Jim Croce. The multimedia show "A.J. Croce: Croce Plays Croce 50th Anniversary Tour" highlights two generations of Croce music, including A.J. Croce's acclaimed work and the elder's hits such as the No. One "Bad, Bad Leroy Brown," "You Don't Mess Around With Jim," "Time in a Bottle" and "Operator (That's Not the Way It Feels)." The 10-percent "Choose Your Own Season" discount does not apply. Tickets start at \$50 for this Nederlander Concerts-sponsored show at 7 p.m. on Wednesday, October 30.

Get tickets at cerritoscenter.com or by calling the Box Office at (562) 916-8500. ■

Contract awarded for the preparation of a Citywide Strategic Plan

The Cerritos City Council has awarded a \$48,250 contract to Tripepi Smith, a leading public affairs and local government consultancy, to facilitate the development of a comprehensive Strategic Plan for the City of Cerritos. The Strategic Plan will outline strategic goals that the City will strive to achieve over the next three to five years. This plan will serve as a roadmap for prioritizing the City's efforts and aligning the City Council, City staff, and the broader community around a shared vision for the future.

The Strategic Plan will incorporate significant input from Cerritos residents, the business community, and City staff through the implementation of community workshops. The first community workshop will be on Saturday, October 19 from 9 to 11 a.m. at the Cerritos City Council Chamber, and the second workshop will be on Wednesday, October 23 from 6 to 8 p.m. in the Malibu Room at Cerritos Park East. Tripepi Smith will lead the effort with a comprehensive engagement strategy that includes distributing an online feedback survey with the final report being presented to the City Council in December. For more information, call the Administrative Services Department at (562) 916-1355.



Scan the QR code to learn more about the Citywide Strategic Plan.

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City Council Recap



Scan the QR code to view City Council meeting minutes and agendas at cerritos.gov/agendas

2024 Great Shakeout planned for October 17

This year's Great Shakeout is scheduled for Thursday, October 17 at 10:17 a.m. The annual event is designed to educate the public about how to protect themselves during a large earthquake. Individuals can sign up to participate at shakeout.org and register to be counted in a global total.

Visit the website for information and resources about how to participate in the Great Shakeout. The City of Cerritos, including staff, Volunteers on Patrol, CERT members and HAM radio operators, regularly participates in the event with functional exercises, evacuation drills and communication drills.

City of Cerritos seeks portraits of past City Managers

The City of Cerritos is seeking portraits of past City Managers for a display in the Cerritos Civic Center. Anyone with contact information for the following former City Managers is asked to contact the City Manager's Office at (562) 916-1311, so the City can request portraits for the display:

- William Cecil (City Manager from April 1956 to September 1956)
- Mayrant D. McKeown (City Manager from September 1956 to March 1961)
- Bill Stark (City Manager from April 1961 to June 1970)
- John Deweerd (City Manager from June 1970 to June 1973) ■

Free emergency response training offered

The Cerritos Community Emergency Response Team (CERT) is offering disaster and emergency training on Friday, November 15 from 5 to 9 p.m.; Saturday, November 16 from 8 a.m. to 5 p.m.; and Sunday, November 17 from 8 a.m. to 5 p.m.

Designed to help residents in the event of a disaster

Make your home earthquake-ready

Californians live in earthquake country and while tremors can strike at any time without warning, there are ways to make your home safer.

- Strap down heavy objects: Secure television sets, computers and stereos. Use buckles and safety straps to keep oversized objects from moving during the shaking.
- Anchor and brace: Tall items (such as bookcases, entertainment consoles, file cabinets, dressers and large appliances like refrigerators) can tip over. Use flexible fasteners to anchor them to the studs in the wall. Use a metal bracing kit to strap the water heater to wall studs. Use a brace that is secured to the ceiling joist for ceiling fans, chandeliers and light fixtures to keep them from falling in a quake.
- Install child safety latches: Cabinet doors and drawers can swing vigorously during intense shaking, causing injuries and destruction. Installing latches on cabinet doors and drawers prevents contents like glasses and dishes from flying out and causing injuries and damage.
- Hire an inspector: If your home was built before 1992, when more earthquake-resistance standards were introduced, hire a professional to inspect your home. Even homes constructed after 1992 should be checked to ensure that structural integrity is maintained.
- Rearrange furniture: Position beds near interior walls and away from windows. Store heavy items on low shelves to prevent them from falling during a tremblor and causing injuries or property damage. Don't hang heavy items (such as mirrors, plants and framed artwork and pictures) above beds, couches, chairs or in places where people are likely to be sitting or sleeping. Use closed hooks or adhesive tabs to hang pictures, art or mirrors on walls.
- Secure knickknacks: Quickly, safely and affordably secure decorative items with adhesives such as putty and Velcro.
- Store hazardous chemicals properly: Hazardous household chemicals (bleach, gasoline and fertilizer) should be stored far away from furnaces and stoves so they can't tip over and catch fire during a quake.
- Clear a path: Keep all forms of exits clear and easily accessible.
- Add flexible connections: Make sure appliances have flexible gas or electrical connections so they won't break and cause other hazards like gas leakage or fires during an earthquake. Know how to turn off your utilities, including gas, water and electricity.
- Check the chimney: Have your chimney inspected by a licensed civil engineer for stability and safety – especially in homes built before 1960.
- Assess the foundation: Have a licensed civil engineer ensure that your home is bolted to the

Attend Veterans Day Ceremony

The community is invited to attend the City of Cerritos Veterans Day Ceremony on Monday, November 11 near the Cerritos Veterans Memorial in the Cerritos Civic Center. The program begins at 9:45 a.m. with prelude music and the ceremony is scheduled to start at 10 a.m. The event honors members of the United States Armed Forces who have defended our nation's freedom.

For more information, contact the Community Participation Division at (562) 865-8101. ■

Homeowners' Exemption program provides property tax savings

The Los Angeles County Assessor's Office Homeowners' Exemption (HOX) program reduces the assessed value of a home or condo by \$7,000 for tax purposes, which translates to a reduction of \$70 annually to a homeowner's property tax bill.

The property must be the owner's principal place of residence as of January 1, and an application must be submitted in order for a homeowner to qualify. Applications received after February 15 are prorated for that year, but the homeowner will receive the full amount the following years. The savings will continue until a change is recorded.

For more information or to request an application, call (213) 974-3211 or (888) 807-2111. Applications also are available at assessor.lacounty.gov/exemptions/homeowner-exemption.

New Sculpture to Commemorate City's Dairy Industry History

The Cerritos City Council has awarded a \$279,875 contract to Artist Jane DeDecker and the National Sculptor's Guild for the "Milking Time" art piece which will commemorate the City's history in the dairy industry. The art piece will be created in a limited edition of five and will be completed within 14 months of the execution of the contract.

The funds for this project will be allocated from the Art in Public Places Fund.

For more information, call the City Manager's Office at (562) 916-1311. ■

City ordinance regulates use of leaf blowers

Under City ordinance, the use of gas-operated leaf blowers in any residential area and in commercial areas within 400 feet of any residential area in the City is restricted to the hours of 8 a.m. to 5 p.m. Monday through Friday, 9 a.m. to 5 p.m. on Saturdays and 11 a.m. to 5 p.m. on Sundays and legal holidays. The City ordinance regulating these hours was designed to protect residents from excessive noise caused by such equipment. Leaf blowers should not direct debris onto adjacent parcels or lots. Such debris should be removed and disposed of properly to prevent dispersion by wind or other similar means. Piles of leaves left in the gutters can clog storm drains and cause flooding. In addition, leaves in storm drains decompose and grow bacteria that can travel into the ocean.

or other emergency, the CERT program offers training in disaster preparedness, CERT organization, disaster medical operations, disaster psychology, fire safety and utility controls, light search and rescue, terrorism and disaster simulation. When emergencies occur, CERT members are able to provide critical support to first responders, give immediate assistance to victims and organize volunteers at a disaster site.

Participants are required to wear closed-toed shoes and long pants for safety purposes and attend all three sessions to receive the CERT certification. Those under age 18 must be accompanied by a parent or guardian.

Call the Community Safety Division at (562) 916-1252 or email emerina@cerritos.us to register. Classes meet in the Albert O. Little Community Center at 18750 Clarkdale Avenue in Artesia. foundation; this is particularly important if your home was built before 1935. If your home is built on a raised foundation, make sure that it has shear plywood walls in the crawlspace, rather than the older-style cripple walls.

 Consider insurance: Consider buying earthquake insurance since most homeowner's policies do not cover earthquake damage.

Mayor's Weekly60

Scan the QR code to watch weekly update videos about the City of Cerritos.

October Library News

REGISTRATION

In order to register, patrons must be in the City's RACER registration database. For more information, please visit the City of Cerritos website at cerritos.us.

CLASSES/RACER ONLINE REGISTRATION TIPS

To check the availability or to register for classes, please visit the Cerritos website at cerritos.us and look for the Classes/RACER link or scan the QR code below.



Scan the QR code to access the RACER Registration page.

You will not receive confirmation by mail for classes registered online.

Please print a receipt at the conclusion of your transaction and bring it with you to the first day of the event or class. For additional information, please call the Library Reservation Desk at (562) 916-1388. Computers at the Cerritos Library may be used to access RACER.

ONLINE REGISTRATION

cerritos.us

Cerritos Resident online registration for all programs listed begins Tues., Oct. 1 at 11 a.m. Non-Resident online registration for all programs listed begins Tues., Oct. 8 at 11 a.m.

PHONE REGISTRATION

Call (562) 916-1388

Cerritos Resident phone registration for all programs listed begins Wed., Oct. 2 at 11 a.m. Non-Resident phone registration for all programs listed begins Tues., Oct. 8 at 11 a.m.

WALK-IN REGISTRATION

Cerritos Resident walk-in registration for all programs listed begins Tues., Oct. 1 at 11 a.m. Non-Resident walk-in registration for all programs listed begins Tues., Oct. 8 at 11 a.m.

The following Library programs require advance registration:

For more information call (562) 916-1388, unless otherwise noted. Seating is limited for all programs.

STORYTIMES

Cerritos Library's 30-45 minute storytimes incor-

PRESSED FLOWER FRAME WORKSHOP FOR **TWEENS/TEENS**

Participants will learn about the process of pressing flowers and how to create designs with the materials. An assortment of both natural and dyed flowers and foliage will be arranged on a 4x6-inch plexiglass frame. Space is limited to 15 participants.

13544 Tues., Oct. 8 3:30-4:30 p.m. Ages 11-17 Skyline Room B

GUACAMOLE MAKING WORKSHOP FOR KIDS

In honor of Hispanic Heritage Month, children will learn how to make delicious guacamole with a Cypress El Torito Restaurant chef. Space is limited to 24 participants.

13547	Wed., Oct. 9	3:30-4:20 p.m.
	Ages 8-12	Skyline Room B

ALEBRIJES CRAFTING WORKSHOP

Join us in celebrating Hispanic Heritage Month with a fun alebrijes program! Alebrijes are colorful sculptures of imaginary creatures. In the first week, kids can make their own alebrijes using clay, learning about this lively Mexican art. In the second week, they will paint their creations with bright colors. Please note that attendance in both sessions is required. Space is limited to 15 participants.

13548	Fri., Oct. 11 & 18	3:30-4:30 p.m.
	Ages 8-12	Art Studio

AI CODING WORKSHOP WITH CERRITOS CODER **SCHOOL**

Join us as students dive into the world of coding with a focus on AI & ChatGPT technology! This workshop offers an engaging lesson on how ChatGPT works and its applications in today's world. Students will learn to code their own projects using AI, create interactive chatbots, and explore natural language processing. Space is limited to 24 participants.

13549	Mon., Oct. 14	3:30-4:30 p.m.
	Ages 8-12	Hi-Tech Lab

LEGO DUPLO CLUB

Children will improve their motor skills as they build and create LEGO DUPLO creations using DUPLO building blocks. Space is limited to 12 participants.

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13550	Fri., Oct. 18	11 a.mnoon
	Ages 2-4	Little Theater

PUMPKIN PAINTING FOR TWEENS & TEENS

Join us in painting your very own Jack-O-Lantern. All supplies included. The fee is \$5 per teen. Space is limited to 10 participants.

13551	Tues., Oct. 22	4-4:45 p.m.
	Ages 11-15	Skyline Room
		Terrace

DÍA DE LOS MUERTOS 3D PRINTED SUGARSKUL LS

Celebrate the Day of the Dead and decorate your own 3D-printed skull. All supplies included. Space is limited to 15 participants.

The following Library programs do not require advance registration:

CITY ARTWORK MAQUETTE INTERACTIVE EXHIBITION

To celebrate October Arts Month, Cerritos Library will showcase an interactive exhibition of the sculpture maquettes (models) from the City's Art in Public Places collection. Guests are encouraged to touch the maquettes, as volunteers describe the pieces. Participants will also have an opportunity to create artwork by sculpting with air-dry clay. Everyone is welcome to attend this one-day event, with special efforts made to be inclusive for visually impaired individuals. Sat., Oct. 5

2-4 p.m. All Ages

Skyline Room

THE AMAZING WORLD OF HONEYBEES FAMILY **PRESENTATION**

The Los Angeles County Beekeepers Association will explore the captivating world of bees during this presentation, and participants will observe a live beehive.

Fri., Oct. 11 3:30 p.m. All Ages

Little Theater

TRIO RENACIMIENTO CONCERT

Join us for an evening of extraordinary music that promises to enchant and entertain. Trio Renacimiento will perform to conclude Hispanic Heritage Month. Musicians Oscar Almaguer, Alex Vargas and Gilbert Rodriguez have reinvented Trio Renacimiento's sound, incorporating different genres of music ranging from Boleros, Ballads, Rancheras, Cumbias, Rock en Espanol, English Rock and Oldies.

Tues., Oct. 15 6 p.m.

Skyline Room

BOOK CLUB FOR ADULTS

The Book Club for Adults will meet for a book discussion. Participants will discuss the book "The Alchemist" by Paulo Coelho. For more information, call (562) 916-1342.

All Ages

Wed., Oct. 16 11 a.m.-noon Board Room

FAMILY NIGHT: BRETTSO THE GREAT'S HALLOW-**EEN SHOW**

Brettso The Great's Halloween show is a lively blend of magic and Halloween fun. The show involves the audience and includes enjoyable games. You'll get to meet George the Ghost, who has a great time being silly during the Halloween season and shows off his ghostly tricks. Come and enjoy this entertaining Halloween show that's perfect for the whole family.

Wed., Oct. 16 6 p.m.

Skyline Room

ECHOES OF HERITAGE: THE FILIPINO INFLUENCE ON LOS ANGELES

All Ages

porating stories and audience participation will be held in the Little Theater. Only children registered for storytime may be brought to the program. Space is limited to 40 participants.

Thursdays at 11 a.m. for ages 5 and under

1353/	Thurs., Oct. 10
13538	Thurs., Oct. 17
13539	Thurs., Oct. 24
13540	Thurs., Oct. 31
13541	Thurs., Nov. 7

Second Saturday of the month at 11:15 a.m. for ages 5 and under 13543 Sat., Oct. 12

13553 Wed., Oct. 30 5:15-6 p.m. Ages 8-12 Art Studio

PARENT AND CHILD RAINBOW LOOM CLASS

Children, along with one parent, will learn how to weave and create colorful rubber band bracelets to take home and wear. Space is limited to 20 participants. Wed., Nov. 6

Ages 11-13

13554

5-6 p.m. Skyline Room A

This panel discussion explores the multifaceted contributions of Filipino communities to the rich tapestry of Los Angeles' history. From early immigrant experiences to contemporary cultural influences, we will delve into how Filipino culture has shaped and been shaped by the diverse landscape of Los Angeles. Interwoven with poetry and spoken word performances, this discussion will highlight Filipino heritage's emotional and artistic dimensions in Los Angeles. Thurs., Oct. 17 6 p.m. All Ages Skyline Room

ARTS AND CRAFTS FOR KIDS

A free hands-on Halloween craft will be held for ages 2-12. This craft will take approximately 10 to 15 minutes. Fri., Oct. 18 11 a.m.-noon. & 5-6 p.m. Art Studio Ages 2-12

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October Library News

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GAMETIME FOR TWEENS & TEENS

Join us for an afternoon of open play, featuring Super Smash Bros. Ultimate, Nickelodeon Kart Racer 3, Sonic Superstars and various board games. All games will be used on a first-come, first-served basis.

Wed., Oct. 23 4-5 p.m.

Ages 12-17 Skyline Room

NIGHT AT THE MOVIES: "SUNSET BOULEVARD" (1950)

Theo Siegel will discuss the making of "Sunset Boulevard," starring William Holden and Gloria Swanson and directed by Billy Wilder, followed by a screening of the film. This film is not rated and has a running time of 110 minutes.

Thurs., Oct. 24 6 p.m.

18 & Over Skyline Room

MEET CHILDREN'S AUTHOR JOCELYN CHUNG

Join us as we celebrate local author Jocelyn Chung. She will read her story "When Love is More Than Words" and answer audience questions.

3:30-4:30 p.m. Fri., Oct. 25 All Ages

Little Theater

FAMILY MOVIE & CRAFT NIGHT

Join us for a s	screening of	"Coco" and make two
fun crafts for Día	a De Los Mue	ertos.
Fri., Nov. 1	5:30 p.m.	All Ages
	Skyline R	00m

IN-N-OUT COVER TO COVER READING PROGRAM

The In-N-Out Cover to Cover reading program is back! Children will be awarded a certificate for one free hamburger or cheeseburger for every five books read, for up to three awards! Children between the ages of 4 and 12 with a Cerritos Library Beanstack account and a valid Library card are eligible to participate. If the child cannot read independently, their parent may read to them. Children will use Beanstack to log their reading, either through the app or the website. Children must read and log five books to earn each digital badge (the badge will turn from black-and-white to color once the goal is met). When children earn a badge, they qualify for a Cover to Cover Achievement Award certificate, which can be redeemed for an In-N-Out hamburger or cheeseburger. Children may earn up to three badges and can receive a maximum of three Achievement Award certificates (one per week), while supplies last. The Cover to Cover Program kicks off on Monday, October 7 and will run through Tuesday, November 12.

BOOK SALE ON OCTOBER 26

The Friends of the Cerritos Library will hold a one-day book sale from 11 a.m. to 5 p.m. on Saturday, October 26. A great selection of fiction and nonfiction books, plus books in foreign languages and multimedia items, will be available at bargain prices. Come early for the best selection.

Seniors invited to Health and Wellness Fair

The Cerritos Senior Center's annual Health and Wellness Fair will be held on Friday, October 4 at the Cerritos Senior Center at Pat Nixon Park. The fair starts at 8:30 a.m. for Cerritos residents and 9 a.m. for non-residents. The event ends at noon, and the entire Senior Center, including the Fitness Center will close immediately following the event. Routine Senior Center activities and classes will not occur on this day, and many programs the day before will end at 1 p.m.

The annual fair links seniors to resources that encourage a healthy, well-rounded approach to aging. Seniors age 50 years and older may participate in the screenings. A photo I.D. with current address is required to register and participate.

The Cerritos Senior Center is located at 12340 South Street in Cerritos. For more information, call (562) 916-8550.



Join Neighborhood Watch

Residents are encouraged to join the Neighborhood Watch in Cerritos, a joint effort by community members and the Cerritos Sheriff's Station/Community Safety Center to fight crime and protect property. One of the oldest crime-prevention programs, it serves as the eyes and ears of the Sheriff's Department and has proven instrumental in keeping communities safe.

Contact the Community Safety Division at (562) 916-1266 to see if a Neighborhood Watch group has been formed in your neighborhood. If there is an established group, you will be provided with the name and phone number of the Watch Captain.

If there is no active group yet in your area, the Community Safety Division will help you and your neighbors start one. Ideal Neighborhood Watch groups are typically small – usually 15 to 20 households - to simplify communication among participants. A designated block captain will be responsible for acting as the liaison between a neighborhood and the Cerritos Sheriff's Station/ Community Safety Center. Department will assist in many ways, the success of Neighborhood Watch depends largely on resident involvement. Participants will receive Neighborhood Watch signs to post, alerting potential criminals that others are watching out for your home. Members of the watch group monitor their neighborhoods, communicate regularly with deputies and meet with neighbors routinely to stay current on crime trends and information. If a residential crime pattern is Join the City's Neighborhood Watch program at safercerritos.com.

While the Community Safety Division and Sheriff's identified in the area, deputies will notify the group of what to look out for and suggest prevention strategies.

Entries sought for Kids Poster Contest

The City of Cerritos is hosting a Kids Poster Contest with the theme "Unveiling the Magic of Parks through Art." The contest is open to Cerritos residents ages 5 to 14 and students in the ABC Unified School District, Valley Christian Schools or Bellflower Unified School District.

Entries must be original artwork, no larger than 11 inches by 17 inches, and may feature any drawing or painting materials (pencils, chalks, pastels, crayons, watercolors and/or acrylics). Do not mat, mount or frame the posters. Include the artist's name, age, address and phone number on the back of the poster or use the official entry form available on the home page at cerritos.gov. Completed entries must be delivered to the Recreation Services Division at City Hall by 5 p.m. on Wednesday, October 16.

Winning posters will be displayed on the City's website at cerritos.gov starting Monday, November 4 through the end of the month. For more information, call the Recreation Services Division at (562) 916-1254.

988 hotline helps those in mental health crisis

The federal hotline 988 is a lifeline for people struggling with mental-health emergencies.

Offered as an alternative to 911, the 988 hotline quickly routes callers to the National Suicide Prevention & Mental Health Crisis Lifeline, which provides confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, seven days a week, throughout the United States.

A trained crisis worker answers the phone, listens to the callers, provides support, and gets callers the help that they need.

Building permits required for home improvements

City approval and a building permit are required for most home-improvement projects in Cerritos. City staff and inspectors ensure that updates to a property enhance its value and are appropriate for the neighborhood and safe for residents. Among the projects that require a permit are:

- Air conditioners
- Dishwashers
- Electrical changes
- Landscaping
- New block walls
- New fences
- New wood siding
- New windows/trim
- Painting
- Patios/Patio covers
- Paving

Library Displays

WRITERS' ALLEY

Comic book writers are master storytellers. Their inventive creativity and vivid power with a pen have captivated generations of readers and inspired dozens of films and television series. The Cerritos Library is delighted to exhibit works by some of the most influential and groundbreaking comic book writers. These works from comic book history will be on display throughout the library in the main lobby, local history room, and the multimedia area through October 31. This exhibition features many pieces from Cerritos resident Allen Montgomery's collection.

- Plumbing changes
- Roofing
- Room additions
- Spas
- Sprinkler systems
- Stucco work
- Swimming pools
- Water heaters

If you are considering any other home-improvement projects, contact the Community Development Department at (562) 916-1201 to find out if there are any City requirements that apply. For more information, visit the City's website at cerritos.us. Click on the "Residents" tab and go to "Home Care/Regulations." Planning approval and building permits are available online.

CERRITOS Lifelong Enrichment

Recreation, Special Interest & Adult Services for those 50 & older

The City does not allow soliciting nor endorse any agency, partner, instructor, vendor or presenter. Participants need to gather information to make the best personal decision on using and/or contacting professionals providing information-only lectures at the Senior Center.

Registration Information

Registration for all classes listed is currently under way, unless noted otherwise.

To register for classes, visit the Cerritos Senior Center at Pat Nixon Park, located at 12340 South Street in Cerritos, or call (562) 916-8550. All classes are held at the Cerritos Senior Center, unless noted otherwise.

The monthly activity calendar and "Lifelong Enrichment" newsletter may be viewed online at cerritos.gov. Please see the Activity Calendar for a full list of classes and services



All patrons who want to partake in any Senior Center activities and obtain/retain a fitness center membership must create a **RACER** account.

Please visit cerritos.gov/register or call (562) 916-8550 for more information.

Operating Hours

The Cerritos Senior Center at Pat Nixon Park is open Monday, Wednesday and Friday from 7:30 a.m. to 5 p.m., Tuesday and Thursday from 7:30 a.m. to 8 p.m. and Saturday/Sunday for private rentals.

Senior Center closures:

Thurs., Oct. 3 at 1 p.m.	Health Fair set-up
Fri., Oct. 4	Health Fair
Mon., Nov. 11	Veterans Day
Thurs., Nov. 28 & Fri., Nov. 29	Thanksgiving

San Antonio Winery Tour & **Tasting**

Join us and experience wine tasting at our Historic

Senior Center Fitness Center

Membership is limited to Cerritos residents, age 50 or older, for a fee of \$50 per year. Seniors must submit a completed waiver to qualify for membership and have the option to attend a fitness center tour. Please bring proper proof of Cerritos residency such as a driver's license, California ID card or other governmentissued ID. The fee may be waived for those seniors proving a need or hardship based on federal income poverty guidelines.

Fitness Center Hours:

Mon., Wed., Fri.	
Tues., Thurs.	

7:30 a.m.-5 p.m. 7:30 a.m.-8 p.m.

Senior Luncheon and Dance: There is Gnome Place like the Senior Center for the Holidays

Join us in celebrating the holiday season with good friends, good food and good music! Must be 50 years and older.

Registration:

Resident	Fri., Nov. 1
Non-resident	Fri., Nov. 8
13722	\$15/Person
Fri., Dec. 6	1-4 p.m.

Magic Class

Join instructor Todd Reis for an exciting magic class. Learn how to do basic card tricks and other tricks of the trade.

13455	\$20/4 classes
Tues., Oct. 1-22	1-2:15 p.m.
13456	\$20/4 classes
Tues., Nov. 5-26	1-2:15 p.m.

Knitting & Crocheting

Join instructor Candace Broeker to explore the many creations you can give as homemade gifts that add a personal touch for your loved ones. If you have your own equipment, please bring the items with you.

Yoga Therapy for Strong **Bones & Body (New)**

Discover the transformative power of Yoga Therapy in Instructor Lucy's specialized workshop designed to enhance bone health and joint stability. This class emphasizes the unique benefits of weight-bearing poses and targeted muscle strengthening to stimulate bone growth and improve joint support.

13569	\$30/6 classes
Fri., Oct. 11-Nov. 15	9-10:10 a.m.

Chair Yoga

Chair yoga is derived from traditional yoga, an ancient practice with poses that date back over 5000 years. This simple, yet effective modification of incorporating a chair provides extra security and stability while transitioning through poses. Chair yoga allows you to make gradual improvements to your strength, balance and flexibility, while improving mental clarity. Join instructor Anjana Rajput for a fun, new take on traditional yoga.

13533 \$35/5 classes Tues., Oct. 15-Nov. 12 12:30-1:30 p.m.

Chinese Hong Kong Mahjong

Mahjong is a Chinese board game that gained U.S. popularity in the 1920's. Some knowledge of the game is required to participate in the group.

Drop-in	Free
Mondays	9:30-11 a.m.

Food Finders

Food Finders is a food rescue non-profit organization with a primary focus of reducing hunger while also reducing food waste. Join Deborah Bernstein to learn about this organization that coordinates the daily pick-up of donated excess food from grocers, restaurants, hospitals and more. Food is then distributed directly and immediately to non-profit recipients, such as pantries, shelters, youth programs and senior centers to be used for serving hot meals or as grocery distribution for people who are struggling and food insecure. 13430 \mathbf{E}

San Antonio Winery in Los Angeles. Tastings include a selection of elegant whites, bold reds, and sparkling wines and a Sweet and Semi-Sweet selection. No lunch will be provided for this trip, so please bring a snack or a sack lunch. Food is also available to purchase on-site.

Registration:

Resident Non-resident 13545 Tues., Dec. 10 Tues., Nov. 5 Tues., Nov. 12 \$25/Person 10 a.m.-3 p.m.

\$45/5 classes 13388 Tues., Oct. 1-29 13458 Tues., Nov. 12-Dec. 17

5-7 p.m. \$45/5 classes 5-7 p.m.

Floral Arranging

Join Tina Kambli to learn the tricks for beautiful Autumn silk floral arranging. An additional \$20 material fee will be due to the instructor at the beginning of the class.

13518 \$15/class Wed., Oct. 9 10-11:30 a.m. \$15/class 13521 Wed., Nov. 13 10-11:30 a.m.

13430	Free
Mon., Oct. 7	10 a.m.
13431	Free
Mon., Nov. 4	10 a.m.

Alzheimer's Lifestyle

Join Dr. Dung Trinh from MemorialCare to learn tips on lifestyle strategies to reduce the risk of Alzheimer's Disease.

13434	Free
Thurs., Oct. 10	10 a.m.

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Depression *Virtual Presentation

Depression is a mood disorder that causes a persistent feeling of sadness and loss of interest. Join Jenny Alcala-Alonzo from Independence at Home to learn about the symptoms and how to live a healthy and positive life. *A link to access the Zoom presentation will be emailed to you prior to the day of the lecture.

13432	
Tues., Oct. 8	

Free 10 a.m.

Estate Planning

Join Jake Richards from United California Estate Services to learn how to plan for the future and keep your estate secure by attending the following estate planning lectures:

Wills & Trusts	
13438	Free
Wed., Oct. 16	10 a.m.
Long Term Care	
13439	Free
Wed., Oct. 23	10 a.m.
Annuities	
13440	Free
Wed., Oct. 30	10 a.m.

Behaviors and Alzheimer's Disease

Join Kristy Huang-Arai from Alzheimer's Los Angeles to learn about family members who are seeing changes in behaviors that are difficult to understand. Using the IDEA! strategy, this program aims to help individuals explore why behaviors happen, their meanings and practical tips on to respond.

13437	Free
Thurs., Oct. 17	10 a.m.

Alzheimer's Caregiver Support Group

For many, the best source of support is through support groups. Join a facilitator from Alzheimer's Los Angeles on the third Friday of each month to develop new coping strategies and find comfort, strength and hope in a compassionate and safe environment.

Drop-in	Free
Fri., Oct. 18	10 a.mnoon
Fri., Nov. 15	10 a.mnoon

Let's De-stress

Stress is a normal part of life, but how you deal with that stress makes a big difference to your health. Join Jenny Alcala-Alonzo from Independence at Home to learn tips on ways to better manage the stress in

Social Isolation

Join a representative from L.A. County Department of Mental Health to learn about how isolation can affect mental and physical health. Get ideas on how to manage isolation and make simple changes in everyday life in order to live a healthy and productive life.

 13442
 Free

 Mon., Oct. 28
 10 a.m.

Fluid Expressions: Mastering Watercolor Painting

Immerse yourself in the world of watercolor painting with Darshini Aithal, where you'll refine your skills and embrace the joy of painting. Each session offers engaging demonstrations and hands-on practice, covering basics, techniques and valuable tips for creating stunning masterpieces. All levels are welcome, from beginners to intermediates. Please bring your own supplies (a list will be provided), and come ready to start this colorful journey with imagination and enthusiasm! A presentation and information will be given that will give insight on what to expect out of this new course. A list of supplies and techniques will be reviewed.

13542 Wed., Oct. 23-30 & Nov. 6-13

\$100/4 Classes 10 a.m.-Noon

AARP Smart Driver Course 8-hour

The AARP Driver Safety program helps seniors recognize their limitations and learn how to reduce accidents and regain driving privileges. Students will receive a Certificate of Completion, which may offer insurance discounts. Checks only; made payable to AARP at the time of registration; cash cannot be accepted (an extra 30 minutes is added for paperwork completion). **A certificate will be given out at the completion of the course*.

AARP member \$20 Non-members \$25 8 a.m.-12:30 p.m.

Thurs., Oct. 24 & Fri., Oct. 25

13405

Downsizing

Is your home too big and getting harder to maintain on a daily basis? Join Amy Brick from Brick & Co. Real Estate to learn how simple it is to downsize to a smaller dwelling.

13443	Free
Thurs., Nov. 7	10 a.m.

Living Trusts

A Living Trust is a legal too for financial planning that allows a person (Trustee) to hold another person's (Settlor's) property for the benefit of someone else (Beneficiary). Join Linette Falcon to learn more about this benefit.

Heart Health *Virtual Presentation

Heart disease is the leading cause of death for men and women in the U.S., but there are some things to do to lower the chances of developing heart problems. Join Jenny Alcala-Alonzo from Independence at Home to learn some changes to make in your daily life to improve heart health. *A *link to access the Zoom presentation will be emailed to you prior to the day of the lecture.*

13448	Free
Tues., Nov. 12	10 a.m.

Emotional Intelligence

Join a representative from L.A. County Department of Mental Health to learn how to increase emotional intelligence with social support and improve overall quality of life.

13453	Free
Mon., Nov. 25	10 a.m.

HSA Case Management

Sponsored by the Human Services Association, the Supportive Services Program (SSP) helps elders obtain services that enable them to safely remain at home with a measure of independence and dignity. The Human Services Association representative is Reina Amaya. **Please make an appointment at the Reception Desk. Cerritos residents only.*

Appt. Required	Free
Every Wed.	9:30-11:30 a.m.

Notary Public Service

Join Annie Sciarra, Certified Senior Advisor from CarePatrol of Inland L.A. County for a free Notary Service on the 2nd and 4th Thursday of each month. Basic Notarization, including acknowledgements and jurats, will be provided. Patrons must have documents prepared. Appointments are required and can be scheduled at the Senior Center reception desk.

Appt. Required	Free
2nd & 4th Thurs.	10 a.mnoon

HICAP (Health Insurance Counseling & Advocacy Program

The Health Insurance Counseling and Advocacy Program (HICAP) of the Center for Health Care Rights provides free assistance to Los Angeles County Medicare beneficiaries who need help getting through the Medicare Maze. The Cerritos Senior Center HICAP representative is Erica. **Please make an appointment at the Reception Desk. L.A. County residents only.*

your life! We will end the session with a gratitude meditation.

13441 Tues., Oct. 22 Free 10 a.m.

Making Home Safe

Join Kristy Huang-Arai from Alzheimer's Los Angeles to help caregivers understand, manage and improve the safety risk factors at home that can seriously impact individuals with Alzheimer's or a related dementia's ability to stay at home and in the community for as long as possible.

13452	Free
Thurs., Nov. 21	10 a.m.

 13449
 Free

 Mon., Nov. 18
 10 a.m.

Empowered Relief

Empowered Relief is an evidence-based class that teaches participants how pain is processed in the body and rapidly equips them with pain management skills. Join Jenny Alcala-Alonzo from Independence at Home to learn more about this program.

13451 Tues., Nov. 19 Free 10 a.m. Appt. Required Every 1st & 4th Wed. Free 12:20 2:20 p

12:30-3:30 p.m.

Published by the City of Cerritos Community Participation Division 12340 South Street Cerritos, CA 90703 (562) 916-8550



MayorNaresh SolankiMayor Pro TemChuong VoCouncilmemberBruce W. BarrowsCouncilmemberLynda P. JohnsonCouncilmemberFrank Aurelio Yokoyama

Annual parking permit renewals begin November 4

Annual overnight parking permit renewals will begin on Monday, November 4. Please go to safercerritos.com to renew your permit online.

Permits are normally required to park on City streets between 3 and 5 a.m. to help keep streets clear and allow residents and deputies to quickly spot suspicious vehicles.

For more information, call the Community Safety Division at (562) 916-1266.

Tips to stay safe on Halloween

For a safe and fun Halloween, follow these tips:

- If you forgo door-to-door trick-or-treating, consider attending the City's Halloween Festival from 5 to 9 p.m. on Thursday, October 31 at the Los Cerritos Center.
- Your children's costumes should be fire-retardant and non-restrictive to allow free movement and uninhibited vision. Masks should not hinder a child's breathing.
- Provide adequate warm clothing under the costume to protect against cold weather if necessary.
- Always remain in familiar territory.
- When going door-to-door, travel in groups with at least one responsible adult.
- Use flashlights, glow sticks or lighted wands to help you see and be seen.
- If a home does not have a porch light turned on, the residents likely do not want to be disturbed.
- Use discretion in determining which homes children should approach.
- Obey all pedestrian traffic laws. Cross at intersections and consider the existing street lighting. Keep the group together; kids can get caught up in the excitement and may run ahead of the group.
- Carefully inspect all items received before anything is eaten. Throw away treats that are not securely wrapped by the manufacturer.
- Consider only eating candied apples or other homemade treats if you know the person who prepared them.
- If you will be passing out candy, secure pets, remove all obstructions from the path to your porch and avoid using any open flame near the door.

Scare up some fun at the City's Halloween *Festival*

The City of Cerritos is hosting a Halloween Festival on Thursday, October 31 from 5 to 9 p.m. in partnership with Los Cerritos Center.

The event will take place at the mall near the dining court parking lot. Attendees can participate in costume parades and enjoy entertainment, game booths, rides and gourmet food trucks.

All-night ride wristbands are available for \$10 (cash only) and can be purchased at the event until 8:30 p.m. Bills over \$20 will not be accepted. All participants must have a wristband to ride, and adults may be required to accompany children on certain rides. Most rides require participants to be at least 42 inches in height.

For more information, call the City's Recreation Services Division at (562) 916-1254.

Cerritos Sheriff's Station offers spooky Halloween fun

Residents are invited to the Cerritos Sheriff's Station Haunted Car Show from 10 a.m. to 3 p.m. on Saturday, October 26.

The event will have fun for the whole family including vendors, food, music, opportunity drawings, 50/50 raffles, a haunted jail and an inflatable obstacle course.

There will be awards for best interior, best paint, best engine, best original, people's choice, deputies choice, spookiest ride, best work in progress and best in show.

The Cerritos Sheriff's Station is located at 18135 Bloomfield Avenue. For more information, call (562) 860-0044.

Holiday lights permitted for Diwali

Holiday lights and decorations are permitted in the City to celebrate the Diwali holiday. No commercial messages may be displayed, and the lights and decorations must be removed within 15 days after the holiday. The five-day Diwali holiday falls between mid-October and mid-November.

Business Spotlight

Sapphire Technologies

Sapphire Technologies, which develops, manufactures and sells energy recovery systems for hydrogen and natural-gas industrial applications, has been selected for the City's Business Spotlight Program. The program showcases local businesses that promote pride in the City's community and economy.

With innovation and creativity, Sapphire Technologies designs systems to convert energy wasted in pressure reduction processes into electric power without interrupting operations. The company's goal is to reduce global carbon footprint and improve how the world harvests and utilizes energy.

By recovering wasted pressure energy, companies can maximize plant efficiencies, improve productivity, reduce carbon emissions, offset electrical costs and generate cash flow.

Contact Sapphire Technologies, located at 16323 Shoemaker Avenue in Cerritos, at sapphiretechnologies.com or (562) 293-1660.

Follow Cerritos on social media

Stay in the know with what's happening in the City of Cerritos and at the Cerritos Center for the Performing Arts. Follow us on Facebook @CityCerritos, on Instagram @city_of_cerritos, on LinkedIn @cityofcerritos, on YouTube @CityofCerritos and on X @CityCerritos to get the latest City updates. Go to any page on the Cerritos website at cerritos.gov for all the links.



TV3 Schedule: October

City Council and Commission Meetings

Cerritos City Council Meeting

Program Highlights Mayor's Weekly 60

7 p.m. on Monday, October 7 (live), rebroadcasts: 7 p.m. on Friday, October 11 and 10 a.m. on Monday, October 14

7 p.m. on Thursday, October 24 (live), rebroadcasts: 7 p.m. on Friday, October 25 and 10 a.m. on Monday, October 28

Parks and Recreation Commission Meeting

7 p.m. on Thursday, October 3 (live), rebroadcasts: 3 p.m. on Friday, October 4 and 10 a.m. on Tuesday, October 8

Planning Commission Meeting

7 p.m. on Wednesday, October 2 (live), rebroadcasts: 11 a.m. on Thursday, October 3 and 7 p.m. on Wednesday, October 9

Property Preservation Commission Meeting

7 p.m. on Tuesday, October 29 (live), rebroadcasts: 10 a.m. on Wednesday, October 30 and 7 p.m. on Tuesday, November 5

6 p.m. on Saturday, October 5; 1 p.m. on Sunday, October 13; 9 p.m. on Monday, October 14; and 11 a.m. on Tuesday, October 2

Cerritos Resident Talent Showcase 2024

7 p.m. on Saturday, October 5; 7 p.m. on Tuesday, October 8; 6 p.m. on Saturday, October 19; and 11 a.m. on Wednesday, October 23

CCPA Performances: Benise

8 p.m. on Sunday, October 6; 6 p.m. on Tuesday, October 15; 10 a.m. on Thursday, October 17; and 8 p.m. on Monday, October 21

CCPA Performances: Estampas Porteñas Tango 10 a.m. on Wednesday, October 2; 11 a.m. on Sunday, October 13; 8 p.m. on Tuesday, October 15 and 9 p.m. on Sunday, October 20



Scan the QR code to access the Cerritos TV3 page.

For Cerritos TV3 schedule and streaming video, visit: cerritos.gov/tv3

Calendar of Events

- September 28 Cerritos Certified Farmers' Market, 8 a.m.-noon, northwest parking lot of the Cerritos Center for the Performing Arts. Also on October 5, 12, 19 and 26.
- October 1 • Cerritos Chinese-American Senior Citizens Association, 1-4 p.m., Cerritos Senior Center at Pat Nixon Park. Also on October 8, 15 and 22. Contact Katie Yen at (562) 833-6711.
 - Cerritos Folk Dancers, 5-8 p.m., Cerritos Senior Center at Pat Nixon Park. Also on October 8, 15 and 22. Contact Julith Neff at (562) 881-9504.
 - The "Original" Happy Seniors of Cerritos, 5-8 p.m., Cerritos Senior Center at Pat Nixon Park. Also on October 8, 15 and 22. Contact Lucita Cordero at (714) 947-6456.

October 2024

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- ABC Unified School District Board meeting, 7 p.m., 16700 Norwalk Blvd., Cerritos. Also on October 15.
- October 2 • Planning Commission meeting, 7 p.m., City Hall Council Chamber.

October 3

- Friends of the 1st CEB, 6 p.m., Liberty Park. Contact Chuck Sooter at (562) 860-8174.
- Parks and Recreation Commission meeting, 7 p.m., City Hall Council Chamber.
- Cerritos Optimist Club, 7 a.m., Denny's, 16907 Pioneer Blvd., Artesia. Also on October 10 and 24. Contact Manilal Fernando at (562) 402-4700.
- Cerritos (Mid-City) Korean-American Senior Citizens Association, 9 a.m.-noon, Cerritos Senior Center at Pat Nixon Park. Also on October 10, 17 and 24. Contact Kyo Kim at (562) 900-9382.
- City Council meeting, 7 p.m., City Hall Council Chamber. Also on October 24. October 7
 - Cerritos Gadabouts, 9 a.m.-noon, Cerritos Senior Center at Pat Nixon Park. Also on October 14, 21 and 28. Contact Richard Taylor at (323) 712-0392.
- October 8 • Cerritos Republican Club, 6 p.m., Malibu Room at Cerritos Park East. Contact sdpjr59@aol.com or visit cerritos-republican.org.
- October 10 • Women's Club of Artesia-Cerritos, 11a.m., Cerritos Park East. Contact Rhonda Burd at (562) 843-2468.
 - Cerritos Indo-American Seniors, 2-5 p.m., Cerritos Senior Center at Pat Nixon Park. Also on October 17 and 24. Contact Arvind Patel at (562) 322-0085.
 - Da' Hawaii Seniors Club, 2-5 p.m., Cerritos Senior Center at Pat Nixon Park. Also on October 24. Contact Carmelita Tiongson at (562) 305-7995.
 - Bellflower Unified School District Board meeting, 4 p.m., 16703 S. Clark Avenue, Bellflower. Also on October 24.
 - Formosa Senior Association, 5-8 p.m., Cerritos Senior Center at Pat Nixon Park. Also on October 17 and 24. Contact Christine Lee at (213) 219-1430.
- October 12 • Crowd Cleaning Crew, 9-11 a.m., For Location, Contact Skai at (562) 228-2700 or visit crowdcleaningcrew.org
- La Palma-Cerritos American Association of University Women, 6:30 p.m., October 17 The auditorium at the ABC Adult School, 20122 Cabrillo Lane, Cerritos. Contact (562) 924-5227.
- Filipino Seniors of Cerritos, 1:30-4:30 p.m., Cerritos Senior Center at Pat Nixon Park. October 18 Contact Mayette Centeno at (562) 331-0938.
- Property Preservation Commission meeting, 7 p.m., City Hall Council Chamber October 29
- Halloween Festival, 5-9 p.m., Los Cerritos Center. For more information, call the City's Recreation October 31 Services Division at (562) 916-1254.

Take preventative steps against mosquitoes

As temperatures continue to rise, vector control experts stress the need for the public to take preventative steps against mosquitoes.

Mosquitoes can transmit diseases such as West Nile virus, which can cause debilitating illness and death to humans as well as birds, horses and other wildlife. Twenty percent of people infected with West Nile virus will exhibit flu-like symptoms, and one in 150 people infected will require hospitalization. There is currently no cure or vaccine for the virus.

The Greater Los Angeles Vector Control District (GLACVCD), a local government and public health agency dedicated to reducing populations of public health vectors and preventing human infection associated with mosquito-transmitted diseases, has issued the following tips to stay safe.

- Eliminate standing water around the home. It takes as little as five days for mosquito eggs to hatch into biting adults.
- Many children play sports or are outdoors from late afternoon to the evening hours, when mosquitoes are most active. Anyone outside during these hours should wear long-sleeved shirts and pants and use insect repellent containing DEET, Picaridin and oil of lemon eucalyptus.
- To help West Nile Virus surveillance and control efforts, report dead birds at westnile.ca.gov. For more information, call GLACVCD at (562)
- 944-9656 or visit glacvcd.org.





Published by the City of Cerritos Communications Division P.O. Box 3130 Cerritos, CA 90703 (562) 916-1320

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