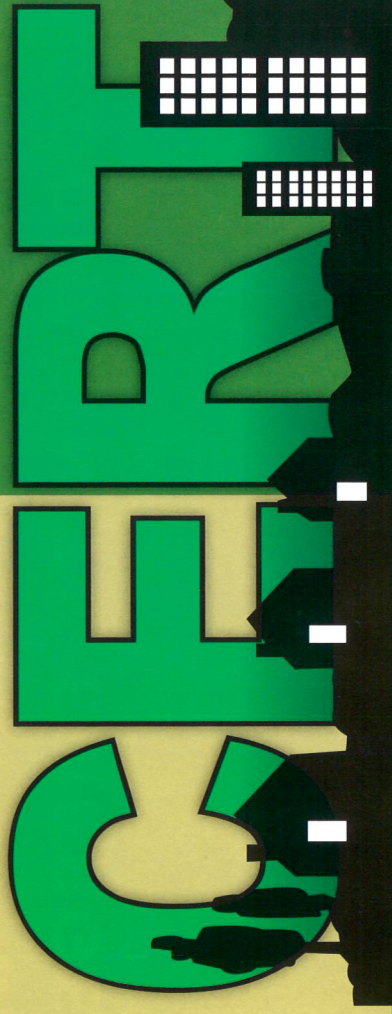


# CITY OF CERRITOS



## COMMUNITY EMERGENCY RESPONSE TEAM

After a major disaster, the usual services we take for granted, such as running water, refrigeration and telephones, may be unavailable.

The Southern California Earthquake Hazards Team and a panel of officials from the California Office of Emergency Services, the Los Angeles County Sheriff's Department, the Red Cross, and the Federal Emergency Management Agency all stress that preparedness is essential and recommend that you be prepared to be self-sufficient for a minimum of seven days following a major disaster.

A major disaster might temporarily overwhelm local emergency response systems, leaving you, your neighbors, or co-workers on your own for several days. Now is the time to learn about community resources and training so that you can effectively lend a hand when a disaster occurs.



**CERRITOS SHERIFF'S STATION**



**COMMUNITY SAFETY CENTER**

- [www.safercerritos.com](http://www.safercerritos.com) (Public Safety in Cerritos)
- [www.cert-la.com](http://www.cert-la.com) (Community Emergency Response Team Los Angeles)
- [www.earthquakecountry.info/roots](http://www.earthquakecountry.info/roots) (Earthquake Country Alliance/  
Southern California Earthquake Center)
- [www.espfocus.org](http://www.espfocus.org) (Emergency Survival Program)
- [www.oes.ca.gov](http://www.oes.ca.gov) (California Governor's Office of Emergency Services)
- [www.fema.gov/](http://www.fema.gov/) (Federal Emergency Management Agency)
- [www.redcross.org](http://www.redcross.org) (American Red Cross)



**For more information, please call (562) 916-1252.**



# CERT

## COMMUNITY EMERGENCY RESPONSE TEAM

### About CERT.....

The Federal Emergency Management Agency, using the model created by the Los Angeles City Fire Department, began promoting nationwide use of the Community Emergency Response Team (CERT) concept in 1994. Since then, CERTs have been established in hundreds of communities.



CERT training promotes a partnering effort between emergency services and the people that they serve. The goal is for emergency personnel to train members of neighborhoods, community organizations, or workplaces in basic response skills. CERT members are then integrated into the emergency response capability for their area.



CERT is a positive and realistic approach to emergency and disaster situations where citizens may initially be on their own and their actions can make a difference. While people will respond to others in need without the training, one goal of the CERT program is to help them do so effectively and efficiently without placing themselves in unnecessary danger.



CERT members maintain and refine their skills by participating in exercises and activities. They can attend supplemental training opportunities offered by the sponsoring agency and others that further their skill base. Finally, CERT members can volunteer for projects that improve community emergency preparedness.

### CERT Training will teach participants to:

1. Describe the types of hazards most likely to affect their homes and communities.
2. Take steps to prepare themselves for a disaster.
3. Identify and reduce potential fire hazards in their homes and workplaces.
4. Apply techniques for opening airways, controlling bleeding, and treating shock.
5. Conduct triage under simulated conditions.
6. Select and set up treatment area.
7. Use safe techniques for debris removal and victim extrication.
8. Organize themselves and spontaneous volunteers to be effective, and collect disaster intelligence to support first responder efforts.

### Target Audience

- ▶ Neighborhoods
- ▶ Businesses
- ▶ Communities of Faith
- ▶ Community Educational Institutions
- ▶ Clubs/Organizations
- ▶ Amateur Radio Emergency Services

### Training is designed to cover the following

- » Disaster Preparedness
- » Fire Safety
- » Disaster Medical Operations Triage and Treating Life Threatening Injuries
- » Disaster Medical Operations Assessment, Treatment, and Hygiene
- » Light Search and Rescue
- » Team Organization
- » Disaster Psychology
- » Terrorism and CERT