

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>VOLUNTARY CONTRIBUTION FOR SENIORS 60 YRS & OLDER \$3.00 FEE FOR NON-SENIORS \$7.00</p>	<p>1 ALL SITES CLOSED</p> 	<p>2</p> <p>Vegetable Soup HERB CHICKEN Barley Pilaf Garden Salad Black Eyed Peas Mandarin Oranges</p>	<p>3</p> <p>Tomato Bisque Soup TUNA SANDWICH WG Bread Carrot Pineapple Slaw Shredded Brussels Sprouts & Cabbage Salad Banana</p>
<p>6</p> <p>SPAGHETTI w/ MEATBALLS Sourdough Bread w/ Garlic Spread WG Spaghetti Broccoli Romaine Caesar Salad Apple or Applesauce</p>	<p>7</p> <p><i>Happy January Birthdays!</i> CHICKEN ENCHILADA CASSEROLE w/ RED SAUCE  Black Beans Tomato & Cucumber Salad Orange / “Cake”</p>	<p>8</p> <p>Cream of Broccoli Soup FISH VERA CRUZ WG Bread Corn Carrot Slaw Kiwi Vanilla Chocolate Swirl Pudding</p>	<p>9</p> <p>PORK LOIN w/ BLACK PEPPERCORN SAUCE WG Bread Stuffing Mashed Potatoes Beet & Onion Salad Peaches</p>	<p>10</p> <p>Northern Bean Soup BEEF STROGANOFF WG Bread Egg Noodle Zucchini Medley Chopped Spinach & Kale Salad Tangerine</p>
<p>13</p> <p>Tuscan Soup ROAST TURKEY Herb Stuffing Green Beans Tricolor Coleslaw Pear</p>	<p>14</p> <p>CHICKEN MOLE (L&T) Spanish Brown Rice Pinto Beans Corn Relish Salad Kiwi Rainbow Sherbert</p>	<p>15</p> <p>Butternut Squash Soup ROAST PORK w/ MUSTARD SAUCE WG Bread Pasta Collard Greens Waldorf Salad Orange</p>	<p>16</p> <p>BEEF TERIYAKI Brown Rice Asian Vegetables Chopped Spinach Salad w/Shredded Brussels Sprouts Applesauce w/Cinnamon</p>	<p>17</p> <p><i>MLK Luncheon</i> BAKED CHICKEN (L&T) Cornbread Macaroni & Cheese Southern Collard Green Tossed Salad Greens Orange Banana Pudding w/Wafers</p>
<p>20 ALL SITES CLOSED</p> 	<p>21</p> <p>Cream of Mushroom Soup GINGER FISH WG Roll Barley Pilaf Fiesta Corn Garden Salad w/ Red Onion Cantaloupe</p>	<p>22</p> <p>OVEN BAKED CHICKEN (L&T) Cornbread Stuffing Peas & Onions Carrot & Raisin Salad Kiwi</p>	<p>23</p> <p>Corn Chowder Soup TURKEY MEATLOAF WG Bread Mashed Potatoes Chopped Spinach & Kale Applesauce</p>	<p>24</p> <p>BEEF LASAGNA WG Roll Zucchini Medley Broccoli Slaw Tropical Fruit Cream Sandwich <i>or</i> Cookie</p>
<p>27</p> <p>ROSEMARY CHICKEN w/CREAMY GARLIC SAUCE Couscous Pilaf Broccoli & Cauliflower Chopped Salad Apple or Applesauce Green Gelatin</p>	<p>28</p> <p>Split Pea Soup BAKED ZITI (TURKEY) WG Pasta Sourdough Bread Corn Zucchini Medley Kiwi</p>	<p>29</p> <p><i>CHINESE NEW YEAR!</i> !TERIYAKI CHICKEN! WG Roll / White Rice Asian Mixed Vegetables Asian Cucumber Salad Orange or Mandarin Almond Cookies <i>OR</i> Fortune Cookie</p>	<p>30</p> <p>Tomato Soup MEATLOAF w/GRAVY WG Bread Mashed Potatoes Mediterranean Salad Fruit Cocktail w/Coconut Garnish</p>	<p>31</p> <p><i>Choice of Entrée</i> GARLIC BUTTER FISH OR SWEET & SOUR PORK Brown Rice Spinach Coleslaw Banana</p>