

The Cerritos News



Cerritos Iron-Wood Nine Golf Course has reopened with new improvements.

Cerritos Iron-Wood Nine Golf Course reopened

The City of Cerritos is excited to announce the reopening of the Cerritos Iron-Wood Nine Golf Course. Golfers may make reservations through a new tee time reservation system online at cerritos.us. Payment will be collected on site at the Cerritos Iron-Wood Nine Pro Shop. Golfers will be asked to present identification that matches their reservation.

Updated improvements at Cerritos Iron-Wood Nine Golf Course include turf repairs, tee box renovations, new golf hole description signs installed at every hole, interior and exterior clubhouse improvements, course-wide landscape enhancements, new range balls, new food vendor area, installation of benches and umbrellas at driving ranges, new picnic tables, reconstruction of numerous golf holes, new driving range carts for ball collection, renovations of signage on Piuma Road, reconditioning of all sand bunkers, installation of benches and golf ball washers at all tee boxes, minor course modifications to holes five and

six and so much more. Further details and a video of the enhancements may be found on the City's YouTube channel at youtube.com/@CityofCerritos.

"The City of Cerritos is thrilled to have the Golf Course open to our residents once again," remarked Cerritos Mayor Naresh Solanki. "Golfers will be excited to see all the improvements made to the course and clubhouse along with our new reservation system."

To accommodate further repairs to the course, an additional closure will be announced at a later date. Once this date is finalized, the City will provide further updates.

Background

The Golf Course was closed in December 2022 after a gasoline leak was identified on a privately owned existing pipeline on site. The leak was stopped and repair work began immediately. The driving range, which was not directly impacted by the pipeline leak, was reopened to the public last year. For more information, please call the Pro Shop at (562) 916-8400. ■



Scan the QR code to reserve a tee time.



Scan the QR code to see the improvements to the course.

Entries sought for Kids Poster Contest

The City of Cerritos is hosting a Kids Poster Contest with the theme "Parks Make Life Better in Cerritos – Get Your Play On." The contest is open to Cerritos residents ages 5 to 14 and students in the ABC Unified School District, Valley Christian Schools or Bellflower Unified School District.

Entries must be original artwork, no larger than 11" x 17", and may feature any drawing or painting materials (pencils, chalks, pastels, crayons, watercolors and/or acrylics). Do not mat, mount or frame the posters.

Include the entrant's name, age, address and phone number on the back of the poster or use the official entry form available at cerritos.us. Submit entries to the Recreation Services Division at City Hall by 5 p.m. on Wednesday, June 12.

Winning posters will be displayed at cerritos.us through the month of July, starting Monday, July 8. For more information, call the Recreation Services Division at (562) 916-1254. ■

Fireworks prohibited in Cerritos

As Independence Day approaches, residents are reminded that fireworks – including the "safe and sane" varieties sold in neighboring cities – are not allowed in Cerritos.

Cerritos Sheriff's deputies will strictly enforce the law, which has helped protect thousands of residents from injuries and property damage. ■

Cerritos City Council reorganizes

The Cerritos City Council's annual reorganization meeting and mayoral transition took place on April 10 at the Cerritos Center for the Performing Arts. During the ceremony, Naresh Solanki was selected as Mayor of Cerritos and Chuong Vo as Mayor Pro Tem by their colleagues.

A Cerritos resident since 1988, Solanki was elected to the Cerritos City Council in 2015 and re-elected in 2020. He became Mayor Pro Tem in 2016, 2018 and 2023 and Mayor in 2019 and 2020. A liaison to the City's Auto Mall, Budget/Finance, Business/Industry, Public Safety and Southwest Gateway Line (formerly West Santa Ana Branch) Transit Project committees, the Mayor previously served as a Cerritos Planning Commissioner from 2007 to 2015. A member of the Cerritos Optimist Club and the Cerritos Regional Chamber of Commerce, Mayor Solanki is the owner and CEO/President of retail grocery supermarkets and is also in the hospitality business.

A Cerritos resident since 2000, Mayor Pro Tem Vo served on the Cerritos Community Safety Committee from 2009 through 2011 and was appointed to the Planning Commission in 2011, on which he served for six years. He is a City liaison to the ABC Unified School District, Cerritos Community College and the Cerritos Regional Chamber of Commerce. Mayor Pro Tem Vo attended UCLA, majoring in anthropology with an emphasis in biology, and has held a career in law enforcement for more than two decades. He is a recipient of an American Red Cross Hometown Hero Award and a South Bay Medal of Valor Lifesaving Award.

For more information about the City Council reorganization, call the City Clerk/Treasurer's Office at (562) 916-1248. ■

51st Annual Let Freedom Ring Celebration planned

The 51st Annual Let Freedom Ring Celebration will take place on Thursday, July 4 from 4 to 9 p.m. at the Cerritos Civic Center. The event will include entertainment, food trucks, game booths, rides and a Formal Ceremony & National Bell-ringing at 6:30 p.m. The event culminates with a spectacular fireworks show at 9 p.m. Bring a blanket or chair to view the fireworks. Barbecues and picnicking are not allowed.

Discounted all-day ride wristbands, available for \$35 through 4 p.m. on Wednesday, July 3, can be purchased at the Recreation Services Division counter at Cerritos City Hall (while supplies last). On Thursday, July 4, the wristbands will be \$40. Wristbands will not be sold after 7:30 p.m. on Thursday, July 4. Individual tickets are \$2 each.

For more details about the celebration, call (562) 916-1254. ■



Scan the QR code to watch weekly update videos about the City of Cerritos.

City Council Recap



Scan the QR code to view City Council meeting minutes and agendas.

Keep pets safe this summer

The hot summer months can be uncomfortable and dangerous for pets. Here are some tips for keeping pets safe in the heat:

- Never leave pets in a parked car, even with the car running and air-conditioner on. Temperatures inside a vehicle can rise rapidly to dangerous levels. On an 85-degree day, the temperature inside a vehicle with the windows slightly cracked open can reach 102 degrees within 10 minutes. After 30 minutes, the temperature could reach 120 degrees. Such heat may cause death or irreversible organ damage in pets.
- Watch the humidity. Dogs pant to cool down, but high humidity prevents them from doing so, causing their body temperature to soar to dangerous levels quickly.
- Limit exercise on hot days. Walk dogs in the early morning or late at night. Pay special attention to pets with white-colored ears (as they are more susceptible to skin cancer) and short-nosed pets, which typically have difficulty breathing. Dogs absorb and release heat through their feet, therefore, walk them on grass or use doggy boots. Bring water to keep pets from dehydrating.
- Don't rely on fans, which don't cool off animals as effectively as they do people. If you don't have air-conditioning, lay down a wet towel for your dog to lie on or simply set up a fan in front of a pan of ice.
- Provide clean water and protection from heat and the sun when dogs are outdoors. Add ice to water. A doghouse does not provide relief from heat. Tree shade and tarps are ideal because they don't obstruct air flow.
- Watch for signs of heatstroke, including heavy panting, glazed eyes, a rapid heartbeat, difficulty breathing, excessive thirst, lethargy, fever, dizziness, lack of coordination, profuse salivation, vomiting, a deep red or purple tongue, seizure and unconsciousness. If a dog is suffering from heatstroke, move it into the shade or an air-conditioned area. Apply ice packs or cold towels to its head, neck and chest or run cool (not cold) water over the pet. Give it small amounts of cool water or ice cubes to lick. Take the dog to the veterinarian. ■



A rabies clinic for dogs and cats will be held at Cerritos Park East on Tuesday, June 11 and Wednesday, July 10.

Rabies clinics to be held in June and July

The City of Cerritos will hold two low-cost rabies clinics for dogs and cats in Shelter 1 at Cerritos Park East from 6 to 7:30 p.m. on Tuesday, June 11 and Wednesday, July 10.

The clinics are sponsored by the City of Cerritos' Community Safety and Community Participation divisions in cooperation with Long Beach Animal Care Services and Artesia Animal Hospital.

Rabies shots for dogs and cats will be available for \$18, and canine bordetella (kennel cough) shots cost \$21 each. Canine coronavirus vaccines are \$21; the K-9 Influenza shot is \$28; and Lyme disease vaccines will be \$27. DHPP shots, also known as the "6-in-1" vaccine that protects dogs from distemper, hepatitis, parainfluenza and parvovirus, will be \$22. The comparable "4-in-1" (FVRCP) shot for cats costs \$23. Feline bordetella (FIP) shots will be \$32, and feline coronavirus (FELV) shots are \$27. In addition to vaccination fees, a \$4 biohazard disposal fee will be charged for each treated animal.

Make checks payable to the City of Cerritos. A driver's license number and expiration date are required on all checks. Returned checks are subject to a \$10 service fee. AVID microchipping will also be available for \$25 per cat or dog.

In addition to an annual rabies shot, dogs four months and older are required by law to have a license. Dog licenses will not be sold or renewed on site. Licenses are available for purchase online at long-beach.gov/acs. License fees for Cerritos residents are \$28 for dogs that are spayed or neutered (a certificate is required to receive the discount).

Pet owners must keep their dogs on leashes and cats in pet carriers during the clinics. For more information about the Rabies clinics, please call the Community Participation Division at (562) 865-8101. ■



Scan the QR code to apply for a pet license.

Bafang Dumpling opens at Los Cerritos Center

Bafang Dumpling held a ribbon cutting ceremony on Friday, May 10 to celebrate the grand opening of the company's new location at Los Cerritos Center.

Bafang Dumpling opened in Taiwan in 1998 and specializes in making potstickers and dumplings. Bafang Dumpling has over 1,100 stores in Taiwan, Hong Kong and China with the new Cerritos location being its eighth store in the United States.

Bafang Dumpling is located at 453 Los Cerritos Center, Suite #E11 and the eatery's phone number is (562) 991-6156. ■

City streets to get upgrades

The Cerritos City Council recently awarded Santa Clarita-based firm Kalban, Inc. was recently awarded a \$ 2,234,500 contract to perform tree and concrete improvements within the City of Cerritos.

The work will take place throughout the residential neighborhood bounded by 183rd Street, Palo Verde Avenue, South street and the San Gabriel River. Additionally, work will be performed on the residential street Ash Creek Road, north of 166th Street and west of Bloomfield Avenue.

The work is projected to begin by the end of June and conclude by September. ■

City of Cerritos names new Director of Administrative Services



Drew Schneider has been named Director of Administrative Services for the City of Cerritos.

The City of Cerritos has named Drew Schneider the new Director of Administrative Services.

As Director of Administrative Services, Schneider is now responsible for overseeing and managing the City's Communications, Finance, Human Resources and Management Information Services (MIS) divisions.

Schneider has served as the Assistant Director of Security for the Port of Long Beach since October 2016. He previously held administrative positions at the Long Beach Airport, U.S. Customs and Border Protection and the U.S. Department of Homeland Security.

In addition to his experience in the local and federal government, Schneider teaches leadership and international law courses through local educational agencies. He also serves on the board of directors for the California Center for Equality and Justice and several boards for local educational institutions.

Schneider received his bachelor of arts degree in political science and government from California State University, Long Beach and his master of pacific international affairs from University of California, San Diego. ■

June Library News

REGISTRATION

In order to register, patrons must be in the City's RACER registration database. For more information, please visit the City of Cerritos website at cerritos.us.

CLASSES/RACER ONLINE REGISTRATION TIPS

To check the availability or to register for classes, please visit the Cerritos website at cerritos.us and look for the Classes/RACER link or scan the QR code below.



Scan the QR code to access the RACER Registration page.

You will not receive confirmation by mail for classes registered online.

Please print a receipt at the conclusion of your transaction and bring it with you to the first day of the event or class. For additional information, please call the Library Reservation Desk at (562) 916-1388. Computers at the Cerritos Library may be used to access RACER.

ONLINE REGISTRATION

cerritos.us

Cerritos Resident online registration for all programs listed begins **Sat., June 1 at 11 a.m.**

Non-Resident online registration for all programs listed begins **Sat., June 8 at 11 a.m.**

PHONE REGISTRATION

Call (562) 916-1388

Cerritos Resident phone registration for all programs listed begins **Sun., Apr. 2 at 11 a.m.**

Non-Resident phone registration for all programs listed begins **Sat., June 8 at 11 a.m.**

WALK-IN REGISTRATION

Cerritos Resident walk-in registration for all programs listed begins **Sat., June 1 at 11 a.m.**

Non-Resident walk-in registration for all programs listed begins **Sat., June 8 at 11 a.m.**

The following Library programs require advance registration:

For more information call (562) 916-1388, unless otherwise noted. Seating is limited for all programs.

STORYTIMES

Cerritos Library's 30-45 minute storytimes incorporating stories and audience participation will be held in the Little Theater. Space is limited to 35 participants.

Mondays at 11 a.m. for ages 5 and under

12891 Mon., June 24

12892 Mon., July 1

Thursdays at 11 a.m. for ages 5 and under

12893 Thurs., June 20

12894 Thurs., June 27

Saturdays at 11:15 a.m. for ages 5-8

12895 Sat., June 22

12896 Sat., June 29

SLIME MAKING CLASS FOR KIDS

Join us for an afternoon of slime-making. Space is limited to 12 participants.

12878 Mon., June 10 3:30-4:15 p.m.
Ages 7-9 Art Studio

PERLER BEADS: READ FOR THE GOLD

Children will create a sports-themed art piece using Perler beads. Space is limited to 12 participants.

12879 Tues., June 11 3:30-4:30 p.m.
Ages 10-15 Art Studio

DRONE FLYING FOR KIDS

Join us for a drone flying program led by the student organization, Drones4kids. Participants will have the opportunity to fly a small drone and learn how drones are utilized. Space is limited to 12 participants.

12885 Fri., June 14 2-3 p.m.
Ages 8-12 Skyline Room

COLORFUL KINGDOM STORYTIME

This fun storytime investigates how animals use color to hide from predators and catch food. By combining songs, artifacts, live animals and stories, children will use all their senses to explore this theme. Space is limited to 40 participants.

12880 Mon., June 17 11 a.m.
Ages 3-8 Little Theater

STORYTIME WITH THE MAYOR

Kick off summer with a special "Read for the Gold" storytime with the Mayor of Cerritos. Children will enjoy a fun and interactive storytime and be encouraged to participate in the Library's Summer Reading Program. Space is limited to 20 participants.

12881 Tues., June 18 3:30-4:30 p.m.
Ages 3-8 Little Theater

3D PRINTING CLASS

Students will explore the basics of 3D printing using TinkerCad and learn how to engrave sports-themed-related projects. Participants will each go home with a 3D preprinted surprise item. Space is limited to 10 participants. All participants must have a TinkerCad account.

12882 Tues., June 18 4-5 p.m.
Ages 9-12 Hi-Tech Lab

STAY & PLAY PROGRAM

Join us as we move to music, play with toys, and make new friends! Space is limited to 15 participants.

12883 Fri., June 21 11 a.m.-noon
Ages 2-5 Little Theater

MAGICIAN DAVID SKALE

As one of the most popular children's and family magicians in Southern California, David Skale performs fast-paced comedy and magic shows for all ages. Join us for this fun family-friendly magic show. Doors will open at 3:15 p.m. and space is limited to 200. All children and accompanying adults must be registered to attend.

12884 Tues., June 25 3:30 p.m.
All Ages Skyline Room

The following Library programs do not require advance registration:

MEET THE AUTHOR: MICHAEL MAGRANN

Join author Michael Magrann as he reads from his debut book "Miles Per Gallon," which is based on actual events. Magrann takes us on a journey with a group of friends as they travel through North America during the band CH3's summer tour in 1983. Through

his literary achievement, which is derived from hazy memories and adolescent journal entries, Magrann chronicles the bonds of friendship, the misadventures of a punk rock band out on the road, and the kind of self-discovery that only long periods spent cramped in a van can bring. After the reading, Magrann will perform songs from his band, CH3.

Wed., June 5 6 p.m.
13 & Over Skyline Room

MEET CHILDREN'S AUTHOR SUZANNE LANG

Suzanne Lang is the author of the New York Times bestselling "Grumpy Monkey" books as well as several other titles. Lang will read her latest book and answer audience questions. Participants will also have an opportunity to get their books signed by the author. Copies of her books will be available for purchase.

Thurs., June 13 11 a.m.
All Ages Skyline Room

NIGHT AT THE MOVIES: "ARSENIC AND OLD LACE" (1944)

Theo Siegel will discuss the making of "Arsenic and Old Lace," starring Cary Grant, followed by a screening of the film. This film is not rated and has a running time of 118 minutes.

Thurs., June 13 6 p.m.
Ages 18 & Over Skyline Room

DISCOVER YOUR SUBCONSCIOUS THEMATIC WRITING WORKSHOP

Writer Thea Pueschel will lead a writing workshop about creating a personal writer's theme. This workshop will help overcome writer's block and story stagnation and create new material. This workshop is suitable for new, emerging and established writers of all genres.

Mon., June 17 6:00-7:30 p.m.
Ages 13 & Over Skyline Room

BOOK CLUB FOR ADULTS

The Book Club for Adults will meet for a book discussion. Participants will discuss the book "The Book Thief" by Markus Zusak. For more information, call (562) 916-1340.

Wed., June 19 11 a.m.-noon Board Room

JUNETEENTH PRESENTATION

Join us for a Juneteenth celebration! Participants will enjoy interactive activities, music, poetry and a presentation about the holiday. Guest speaker Chimbuko Tembo will address common misconceptions and reflect on the historical struggles of enslaved African Americans.

Wed., June 19 6 p.m.
All Ages Skyline Room

AFTERNOON MOVIES

The following movies will be shown at 2 p.m. Space is limited to 40 participants. All children must be accompanied by an adult.

"Migration" (PG) 83 minutes
Thurs., June 20 2 p.m.
All Ages Little Theater

"Wonka" (PG) 117 minutes
Thurs., June 27 2 p.m.
All Ages Little Theater

SUMMER CRAFTS FOR KIDS

A free hands-on craft featuring a summer theme for children ages 2-12 will be held in the Skyline Room. These "glue and go" crafts take approximately 10 to 15 minutes. While supplies last.

Wed., June 19 11 a.m.-noon
Wed., June 26 11 a.m.-noon
Wed., July 3 11 a.m.-noon

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MEET THE AUTHOR DWAYNE EPSTEIN

New York Times bestselling author Dwayne Epstein will read from his latest book, “Killin’ Generals: The Making of the Dirty Dozen the Most Iconic WW II Movie of All Time.” Before writing biographies, Epstein regularly contributed to film chronicles and wrote for Filmfax Magazine. He spent much of his childhood in Cerritos, attending Cerritos High School and Whitney High School.

Mon., June 24 6 p.m.

All Ages

Skyline Room

FAMILY COLORING NIGHT

Relax, socialize and explore your creativity in a tranquil setting. A selection of coloring sheets and art materials will be available for all ages. All children must be accompanied by an adult.

Thurs., June 27 6 p.m.

All Ages

Skyline Room

49th SUMMER READING PROGRAM: READ FOR THE GOLD!

Cerritos Library cardholders are invited to participate in the Cerritos Library’s Read for the Gold! 49th Summer Reading Program. Children, teens and adults are encouraged to read throughout the summer. Participants will earn a book prize and tote bag for completing the program, sponsored by the Friends of the Cerritos Library.

Option 1—Online Registration: Pre-registration will be available through the Cerritos Library’s Beanstack service from Monday, June 10 through Sunday, June 16. To access and sign-up for a Beanstack account, please visit the library’s website at cerritoslibrary.us. Each participant must have a valid Cerritos Library card. Participants can log and track

their reading progress in Beanstack and will need to complete their reading from June 19 through July 16. Children will need to log 30 minutes of reading per day and will earn digital badges for completing 210 minutes of reading each week. Adults and Teens will earn digital badges for every book logged (four books total).

Option 2—In-Person Registration: Patrons can register in person beginning on Monday, June 17 through Sunday, June 30. Patrons who register in person need to bring their valid Cerritos Library card to the Children’s Art Studio in the Cerritos Library. Each participant must be present to register, or their valid Cerritos Library card must be presented. A separate form will need to be completed for each person who signs up to receive their reading log.

Prizes and Programs: Children up to age 12 who read 30 minutes per day (210 minutes per week) during the program will earn a book prize and Summer Reading Program Tote Bag (while supplies last). Young Adults, ages 13 to 17, and adults, ages 18 and older, must complete four books, either fiction or non-fiction, in any language to earn the book prize and tote bag. Prizes for those who complete the program will be distributed Monday, July 15 through Friday, July 28. (Using the Beanstack mobile App, please show library staff the digital completion badge earned on your mobile device. If participants registered in person, please present completed reading log.) Each participant must be present to receive their prizes.

FINDING OUR MISSING GOLD MEDAL

Peewee the Panda lost one of the gold medals for the upcoming games. Help us find the missing gold medal before the games start. Children are encouraged to report the gold medal’s new location to the Children’s Desk each day for a small prize. This

program is for children ages 4-11. Prizes will be given throughout the day while supplies last.

Mon.-Sun.,

During Library hours

June 10-16

while supplies last

Ages 4-11

Children’s Desk

Bookmark Art Contest

Congratulations to Ahyana Gheewala, age 13, for winning the Cerritos Library’s 6th Annual Bookmark Art Contest. Ahyana’s design was selected to be printed on a bookmark, which will be given as a prize for those who register for the Cerritos Library’s Read for the Gold! 49th Summer Reading Program from June 17 to 23.

Library Displays

SMALL EDENS

Artist Linda Garcia-Dahle’s oil paintings reveal the ways in which light and shadow affect outdoor and indoor spaces, producing feelings of serenity and well-being in the viewer. This exhibition will be featured in the main library lobby through June 28.

PLASTIC ALCHEMY: TRANSFORMING PLASTIC WASTE INTO ART

Artist Claudio Garzon’s sculptures are designed to provoke a re-evaluation of our plastic consumption habits and encourage the adoption of more sustainable practices. Through thought-provoking artwork, viewers are invited to reflect on the impact of plastic on the environment and consider alternative ways to reduce waste and protect our planet. Explore the transformative power of art in promoting positive change and a more sustainable future. This exhibit will be displayed in the Library’s Local History Room June 8-30.



Residents are encouraged to join the Neighborhood Watch in Cerritos, a joint effort by community members and the Cerritos Sheriff’s Station/Community Safety Center to fight crime and protect property. One of the oldest crime-prevention programs, it serves as the eyes

Join Neighborhood Watch

and ears of the Sheriff’s Department and has proven instrumental in keeping communities safe.

Contact the Community Safety Division at (562) 916-1266 to see if a Neighborhood Watch group has been formed in your neighborhood. If there is an established group, you will be provided with the name and phone number of the Watch Captain.

If there is no active group yet in your area, the Community Safety Division will help you and your neighbors start one. Neighborhood Watch groups are typically small – usually 15 to 20 households – to simplify communication among participants. A designated block captain will be responsible for acting as the liaison between a neighborhood and the Cerritos Sheriff’s Station/Community Safety Center.

While the Community Safety Division and Sheriff’s Department will assist in many ways, the success of Neighborhood Watch depends largely on resident involvement. Participants will receive Neighborhood Watch signs to post, alerting potential criminals that others are watching out for your home. Members of the watch group monitor their neighborhoods, communicate regularly with deputies and meet with neighbors routinely to stay current on new information. If a residential crime pattern is identified in the area, deputies will notify the group of what to look out for and suggest prevention strategies.

Join the City’s Neighborhood Watch program at safercerritos.com. ■

Free vacation security checks offered to residents

The Cerritos Sheriff’s Station/Community Safety Center offers free vacation security checks for residents. While you’re away, a deputy or Volunteer on Patrol will check your home for broken windows, open doors or other evidence of suspicious activity.

Residents must fill out a vacation security check request form at least five business days before leaving on vacation. The form is available at safercerritos.com.

Under the “Featured Links” section, click on “Crime Prevention: Hardening the Target” then “Vacation Security Check Request Form.” All information must be completed before the request can be processed. If it is less than five business days before the start of your vacation, call (562) 916-1266 to submit a vacation security check request by phone.

Ensure that all doors and windows are locked before leaving for vacation. Notify the Cerritos Sheriff’s Station at (562) 860-0044 if you return before the indicated return date. ■



Scan the QR code to request a vacation security check on your Cerritos home.

CERRITOS Lifelong Enrichment

Recreation, Special Interest & Adult Services for those 50 & older

The City does not allow soliciting nor endorse any agency, partner, instructor, vendor or presenter. Participants need to gather information to make the best personal decision on using and/or contacting professionals providing information-only lectures at the Senior Center.

Registration Information

Registration for all classes listed is currently under way, unless noted otherwise.

To register for classes, visit the Cerritos Senior Center at Pat Nixon Park, located at 12340 South Street in Cerritos, or call (562) 916-8550. All classes are held at the Cerritos Senior Center, unless noted otherwise.

The monthly activity calendar and "Lifelong Enrichment" newsletter may be viewed online at cerritos.us under RESIDENTS>Seniors>Cerritos Senior Center at Pat Nixon Park>Activities/Classes.



All patrons who want to partake in any Senior Center activities and obtain/retain a fitness center membership must create a RACER account.

Please see cerritos.us/racer.pdf or call (562) 916-8550 for more information.

Operating Hours

The Cerritos Senior Center at Pat Nixon Park is open Monday, Wednesday and Friday from 7:30 a.m. to 5 p.m., Tuesday and Thursday from 7:30 a.m. to 8 p.m. and Saturday/Sunday for private rentals.

Senior Center Fitness Center

Membership is limited to Cerritos residents, age 50 or older, for a fee of \$50 per year. Seniors must submit a completed waiver to qualify for membership and have the option to attend a fitness center tour. Please bring proper proof of Cerritos residency such as a driver's license, California ID card or other government-issued ID. The fee may be waived for those seniors proving a need or hardship based on federal income poverty guidelines.

Fitness Center Hours:

Mon., Wed., Fri. 7:30 a.m.-5 p.m.
Tues., Thurs. 7:30 a.m.-8 p.m.

Father's Day Trivia

Exercising your brain has been proven to help release stress, increase relaxation and improve memory as well as other cognitive skills. This is one way to help aging adults stay connected and engaged! Father's Day Trivia will include celebrity fathers, TV dads, model cars of the 50's & 60's and fun facts about Father's Day.

12837 Free
Wed., June 19 10 a.m.

HSA Lunch Program

Have you ever been interested in trying the meals at the Human Services Association lunch program? Now is your chance to enjoy meals while dining with friends or getting to meet someone new. Ask for lunch program manager Kathy Franklin to fill out an intake form. For more information, call (562) 916-8555.

Suggested Donations: 60+, \$3; 50-59, \$7
Mon.-Fri. Noon-1 p.m.

Chair Yoga

Chair yoga is derived from traditional yoga, an ancient practice with poses that date back more than 5,000 years. This simple, yet effective modification of incorporating a chair provides extra security and stability while transitioning through poses. Chair yoga allows you to make gradual improvements to your strength, balance and flexibility, while improving mental clarity. Join instructor Anjana Rajput for a fun, new take on traditional yoga.

Registration:

Resident Currently underway
Non-resident Tues., June 4
12201 \$35/5 classes
Tues., June 11-July 9 12:30-1:30 p.m.

Mozart Under the Stars at the Hollywood Bowl Excursion

After 31 years away from the Bowl, Zubin Mehta returns for an annual Bowl tradition that started under his baton. The LA Phil's Conductor Emeritus leads the orchestra in Mozart's "Jupiter" Symphony—a piece perfectly suited for a night under the stars, with its dazzling woodwind melodies and grand, dramatic exclamations. Garnering his decade's worth of experience, violinist Pinchas Zukerman joins the LA Phil for an upbeat showpiece of a concerto that is expressive and celestial in its own right. **Food and beverage options available for purchase at the Hollywood Bowl. Price includes tickets and transportation only.*

Registration:

Resident Mon., June 17
Non-resident Mon., June 24
#12927 \$45/person
Tues., July 23 5 p.m.

Estate Planning: Wills & Trusts

Join Jake Richards from United California Estate Services to learn how to plan for the future and keep your estate secure.

12834 Free
Wed., June 12 Noon

Hula

Join Hula instructor Hedy Harrison and learn authentic Hawaiian Hula dancing, as well as the rich history of the Polynesian culture. Seniors may register for only one level. Registration will end two weeks after the first class meeting. **No class on July 3 and 4 due to the Independence Day holiday.*

Beginning

12824 Free/12 classes
Wed., June 19-Sept. 4 10 a.m.-noon

Registration:

Resident Wed., June 5
Non-resident Wed., June 12

Advanced

12825 Free/12 classes
Thurs., June 20-Sept. 5 10 a.m.-noon

Registration:

Resident Thurs., June 6
Non-resident Thurs., June 13

Medicare Basics

Turning 65? Already a Medicare beneficiary, but have questions? Join La Nedra Munson from United Healthcare to learn what Medicare does and does not cover, who qualifies, coverage choices and how to choose a plan based on needs.

12831 Free
Mon., June 10 10 a.m.

Sewing (NEW CLASS)

Join instructor Rosario Lamoureux for a new and fun 6-week introduction to sewing class. Learn how to thread a sewing machine, basic sewing projects, throw pillows, bags and more. Advanced students are welcome to make clothing to wear, but must provide own patterns. **Students provide their own supplies and sewing machines.*

12822 \$90/6 classes
Mon., June 10-July 15 10 a.m.-1 p.m.

Zumba Gold

Zumba Gold is a lower-intensity version of standard Zumba. The class is designed to help older adults meet their fitness goals through fun, rhythmic cardio-dancing. Join instructor Lettie Morris and dance your way to a healthier lifestyle.

Class fee is \$25 for a 5-week session. A \$6 per class payment option is also available, but the exact dollar amount is required if paying cash. Space is limited and priority class space will be given to students who have registered for the session. Checks and credit cards will also be accepted for payment.

12826 \$25/5 classes
Wed., June 19-July 17 9-10 a.m.

Texas Hold 'em Drop-in Play

Saddle up partner; it's time to play the "Cadillac of Poker." Join us for a fun-filled afternoon of card playing with friends in the Texas Hold 'em drop-in practice play where you will have the opportunity to play like the pros. We're "ALL IN!"

Drop-in Free
Wed., June 5-26 2-4 p.m.

HSA Case Management

Sponsored by the Human Services Association, the Supportive Services Program (SSP) helps elders obtain services that enable them to safely remain at home with a measure of independence and dignity. The Human Services Association representative is Reina Amaya. **Please make an appointment at the Reception Desk. Cerritos residents only.*

Appt. Required Free
Every Wed. 9:30-11:30 a.m.

Knitting & Crocheting

Join Instructor Candace Broeker to explore the many creations you can give as homemade gifts that add a personal touch for your loved ones. If you have your own equipment, please bring the items with you.

12190 \$36/4 classes
Tues., June 4-25 5:45-7:45 p.m.

Silk Floral Arranging

Join Tina Kambli to learn the tricks for beautiful Summer silk floral arranging. An additional \$20 material fee will be due to the instructor at the beginning of the class.

12827 \$15
Wed., June 12 10-11:30 a.m.

Magic Class

Join instructor Todd Reis for an exciting magic class. Learn how to do basic card tricks and other tricks of the trade.

12823 \$20/4 classes
Tues., June 4-25 1-2:15 p.m.

Eat Smart

*Virtual Presentation

Eating healthy is not as hard as you might think. With a little planning and healthier choices, you too can eat smart. Join Jenny Alcalá-Alonzo from Independence at Home to learn some helpful tips for eating healthy and smart. **A link to access the Zoom presentation will be emailed to you prior to the day of the lecture.*

12832 Free
Tues., June 11 10 a.m.

Aging in Place

Many people want to stay in their home as they get older, but living at home as you age requires careful consideration and planning. Join Amy Brick from Brick & Co. Real Estate to learn more about aging in your home.

12828 Free
Mon., June 3 10 a.m.

Book Club

Join fellow book enthusiasts every month to share insights on select readings. Participants are required to read at least one-third of the book to attend class. Please visit the Reception Desk for a current book list.

Drop-in Free
Mon., June 24 1-3 p.m.

Alzheimer's Caregiver Support Group

For many, the best source of support is through support groups. Join a facilitator from Alzheimer's Los Angeles on the third Friday of each month to develop new coping strategies and find comfort, strength and hope in a compassionate and safe environment.

Drop-in Free
Fri., June 21 10 a.m.-noon

Charitable Giving and Financial Strategy

Giving back looks different for everyone. Join Mark Tigchelaar from Edward Jones to learn a few tips for investors to find the appropriate charitable-giving path for their unique financial strategy and life stage.

12829 Free
Tues., June 4 10 a.m.

Bunco with Beatriz & Fabiola

Bunco is a fast-moving, light-hearted and friendly social dice game that is played by tens of millions of people every year. Join Beatriz and Fabiola from Independence at Home for an afternoon of this fun and easy game!

12839 Free
Thurs., June 20 1 p.m.

Notary Public Service

Join Annie Sciarra, Certified Senior Advisor from CarePatrol of Inland L.A. County for a free Notary Service on the 2nd and 4th Thursday of each month. Basic Notarization, including acknowledgements and jurats, will be provided. Patrons must have documents prepared. Appointments are required and can be scheduled at the Senior Center reception desk.

Appt. Required Free
2nd & 4th Thurs. 10 a.m.-noon

Dispose of Medications Safely

Do you have old medications that need to be tossed? Did you know there's a right way to do so? Before getting rid of those pills, join Beatriz Sereno from Independence at Home to learn how to properly dispose of medications safely.

12830 Free
Thurs., June 6 10 a.m.

Doc Talk: Alzheimer's

Do you have a loved one diagnosed with Alzheimer's Disease? Join Dr. Trinh from Jack Schroeder & Associates to learn about Alzheimer's Disease, the cause and the five stages of the disease.

12833 Free
Wed., June 12 10 a.m.

AARP Smart Driver Course 8-hour

The AARP Driver Safety program helps seniors recognize their limitations and learn how to reduce accidents and regain driving privileges. Students will receive a Certificate of Completion, which may offer insurance discounts. Checks only; made payable to AARP at the time of registration; cash cannot be accepted (an extra 30 minutes is added for paperwork completion). **A certificate will be given out at the completion of the course.*

12842 AARP member \$20
Non-members \$25
Wed., June 26 8 a.m.-12:30 p.m.
& Thurs., June 27

West Nile Virus

What is West Nile Virus and what you can you do to prevent from getting infected? Join Rodel Rutaquio from the County of Los Angeles Department of Public Health to learn more about West Nile Virus and how to identify who is at risk of getting infected.

12836 Free
Tues., June 18 2 p.m.

Memory Loss and Alzheimer's

Join a representative from Alzheimer's Los Angeles for an overview of Alzheimer's disease and its effects. Learn about what causes memory loss, the difference between normal aging and signs of dementia and what to do when you visit the doctor.

12838 Free
Thurs., June 20 10 a.m.

Building Savings and Wealth

Join Mutsuko Uehara from SoCal Financial to learn about the wealth formula, how to identify your savings goals, and how to comprehend the effects of time and inflation on assets.

12840 Free
Mon., June 24 10 a.m.

Active Every Day

Starting to exercise doesn't mean going and running a mile every day. There are lots of ways to stay active and healthy. Join Jenny Alcalá-Alonzo from Independence at Home to learn a few tips on how to stay active every day!

12841 Free
Tues., June 25 10 a.m.

Preserving Your Memory

Long-term or chronic, stress can shrink part of your brain and make it harder to focus and remember things. Join Zoila Romero from Los Angeles Department of Mental Health to learn about keeping the brain healthy and active.

12835 Free
Mon., June 17 10 a.m.

Published by the City of Cerritos
Community Participation Division
12340 South Street
Cerritos, CA 90703
(562) 916-8550



Mayor Naresh Solanki
Mayor Pro Tem Chuong Vo
Councilmember Bruce W. Barrows
Councilmember Lynda P. Johnson
Councilmember Frank Aurelio Yokoyama

Enjoy the Family Entertainment Showcase

Take in some free family-oriented fun this summer with Cerritos' Family Entertainment Showcase, which includes children's activities and concerts. For the enjoyment of all and pursuant to the Cerritos Municipal Ordinance 9.48.030(p), dogs, cats or pets are not allowed in the park during special events and concerts. Smoking, including electronic cigarettes, is prohibited within the boundaries of all City of Cerritos public park facilities pursuant to the Cerritos Municipal Ordinance 9.49.020.

Tuesday Family Nights

Entertainment and activities for the whole family will be offered every Tuesday at 6:30 p.m. at Friendship, Frontier, Sunshine and Westgate parks. Each program will last approximately 45 minutes and feature a pre-show craft or activity from 6 to 6:20 p.m. Arrive early and bring a blanket for seating. Please note that there are no restroom facilities at Friendship Park and Sunshine Park.

- July 9 Luce Puppet Show at Frontier Park
- July 16 Michael the Juggler at Sunshine Park

- July 23 Megan the Bubbleologist at Friendship Park
- July 30 Doodlebugs Animal Adventures at Westgate Park
- August 6 Ranger Jack Music and Puppets at Frontier Park

Thursday Concerts Under the Stars

The Heritage Park Island Stage will be the hottest ticket in town this summer when exciting musical groups perform on Thursdays at 7 p.m. Bring a picnic dinner and a blanket and relax with family and friends. The shows are outdoors on the lawn, so bring a jacket. Snacks will be available for a nominal fee.

- July 11 Let It Be (Beatles Tribute)
- July 18 Suave the Band (Latin Soul)
- July 25 Kayln & The New Frontier (Country)
- August 1 Classic Journey (Journey Tribute)
- August 8 4 Alarm Band (Top 40s)

For more information about the Family Entertainment Showcase, call the City's Recreation Services Division at (562) 916-1254. ■

Business Spotlight

LaVon Skin Care

A part of the Cerritos community for more than 15 years, LaVon Skin Care was recently recognized by the City's Business Spotlight Program, which highlights local businesses that foster pride in the City's community and economy.

Founded by entrepreneur Cecil Danganan, who named the business after her daughter, LaVon Skin Care offers facials, skin-care treatments, and eyelash and eyebrow treatments. LaVon's brand of natural, botanically based skin-care products is designed to treat a variety of needs, including acne, aging skin, and pigmentation issues.

The minority and woman-owned company is located at 18327 Gridley Road, Suite I in Cerritos. LaVon Skin Care is open from 10 a.m. to 7 p.m. Monday through Saturday and by appointment only on Sunday. Contact the company at (562) 402-7546 or lavonskincare.com.

Stay vigilant during warm summer months

During the warm summer months, many residents leave their doors and windows opened or unlocked in an effort to keep their homes cool. Most residential burglaries in Cerritos are directly attributed to doors and windows being left opened. Burglars will most often use the easiest point of entry possible to get inside a residence.

It is safer to cool your home by opening doors and windows upon your return, rather than leaving them opened and increasing your risk of becoming a victim.

When the weather is warm, garage doors are also often left opened and unattended as homeowners try to ventilate the space. Cerritos Sheriff's deputies point out that a significant percentage of residential burglaries occur as a result of open garages.

Leaving a garage door open provides burglars an opportunity to inventory belongings for future reference or gain access to your home. Burglars are capable of stealing property in a very short amount of time. Passersby or vehicle occupants can quickly

obtain bicycles, lawn care products, tools and other items in a matter of seconds.

Open garage doors also provide burglars the opportunity to enter a garage and close the door to conceal themselves while they try to pry open the inner door into the home.

For more crime prevention and safety tips, visit safecerritos.com. ■

1st CEB hosts carwash fundraiser

Join the Friends of the 1st Combat Engineer Battalion (CEB) for a carwash fundraiser at the Gridley Road Entrance at Los Cerritos Center on Saturday, June 15 from 10 a.m. to 3 p.m.

Donations are accepted, and proceeds will benefit the Marines, sailors and families of the 1st CEB.

Event sponsors include the City of Cerritos, Los Cerritos Center, Chick-Fil-A and Norwalk/La Mirada Plumbing.

For more information, contact George Ray at (562) 572-8017 or Chuck Sooter at (562) 860-8174. ■

NEIGHBORHOOD WATCH WORKS

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TV3 Schedule: June

City Council and Commission Meetings

Cerritos City Council Meeting

7 p.m. on Thursday, June 13 (live), rebroadcasts: 7 p.m. on Friday, June 14 and 10 a.m. on Monday, June 17

7 p.m. on Thursday, June 27 (live), rebroadcasts: 7 p.m. on Friday, June 28 and 10 a.m. on Monday, July 1

Parks and Recreation Commission Meeting

7 p.m. on Thursday, June 6 (live), rebroadcasts: 3 p.m. on Friday, June 7 and 7 p.m. on Monday, June 10

Planning Commission Meeting

7 p.m. on Wednesday, June 5 (live), rebroadcasts: 11 a.m. on Thursday, June 6 and 7 p.m. on Wednesday, June 12

Property Preservation Commission Meeting

7 p.m. on Tuesday, June 25 (live), rebroadcasts: 10 a.m. on Wednesday, June 26 and 7 p.m. on Tuesday, July 2

Program Highlights

Mayor's Weekly 60

2 p.m. on Saturday, June 1; 8 p.m. on Friday, June 7; 1 p.m. on Sunday, June 16; and 4 p.m. on Saturday, June 22

CCPA Performances: ATMA Ensemble

7 p.m. on Saturday, June 8; 10 a.m. on Thursday, June 13; 7 p.m. on Thursday, June 20; and 7 p.m. on Monday, June 24

CCPA Performances: Latin Rock R&B Show

9 p.m. on Sunday, June 9; 9 p.m. on Tuesday, June 11; and 8 p.m. on Sunday, June 23

"Nothing Like It In the World" —

The Story of the Cerritos Auto Square

6 p.m. on Monday, June 3; 1 p.m. on Wednesday, June 19; and 7 p.m. on Wednesday, June 26

For Cerritos TV3 schedule and streaming video, visit: cerritos.us/RESIDENTS/tv3.php



Scan the QR code to access the Cerritos TV3 page.

Calendar of Events

- June 1 • **Cerritos Certified Farmers' Market**, 8 a.m.-noon, northwest parking lot of the Cerritos Center for the Performing Arts. Also on June 8, 15, 22 and 29.
- June 3 • **Cerritos Gadabouts**, 9 a.m.-noon, Cerritos Senior Center at Pat Nixon Park. Also on June 10, 17 and 24. Contact Ricard Taylor at (323) 712-0392.
- June 4 • **Cerritos Chinese-American Senior Citizens Association**, 1-4 p.m., Cerritos Senior Center at Pat Nixon Park. Also on June 11, 18 and 25. Contact Katie Yen at (562) 833-6711.
- **Cerritos Folk Dancers**, 5-8 p.m., Cerritos Senior Center at Pat Nixon Park. Also on June 11, 18 and 25. Contact Julith Neff at (562) 881-9504.
- **The "Original" Happy Seniors of Cerritos**, 5-8 p.m., Cerritos Senior Center at Pat Nixon Park. Also on June 11, 18 and 25. Contact Victoria Ilano at (562) 862-2842.
- **ABC Unified School District Board** meeting, 7 p.m., 16700 Norwalk Blvd., Cerritos. Also on June 18.
- June 5 • **Friends of the 1st CEB**, 6 p.m., Liberty Park. Contact Chuck Sooter at (562) 860-8174.
- **Planning Commission** meeting, 7 p.m., City Hall Council Chamber.
- June 6 • **Parks and Recreation Commission** meeting, 7 p.m., City Hall Council Chamber.
- **Cerritos Optimist Club**, 7 a.m., Denny's, 16907 Pioneer Blvd., Artesia. Also on June 20 and 27. Contact Manilal Fernando at (562) 400-4700.
- **Cerritos (Mid-City) Korean-American Senior Citizens Association**, 9 a.m.- noon, Cerritos Senior Center at Pat Nixon Park. Also on June 13, 20 and 27. Contact Kyo Kim at (562) 900-9382.
- **Cerritos Indo-American Seniors**, 2-5 p.m., Cerritos Senior Center at Pat Nixon Park. Also on June 13, 20 and 27. Contact Arvind Patel at (562) 900-0085.
- **Formosa Senior Association**, 5-8 p.m., Cerritos Senior Center at Pat Nixon Park. Also on June 13, 20 and 27. Contact Christine Lee at (213) 219-1430.
- **Bellflower Unified School District Board** meeting, 6:30 p.m., 16703 S. Clark Avenue, Bellflower. Also on June 13 at 4 p.m.
- June 7 • **Filipino Seniors of Cerritos**, 1:30-4:30 p.m. Cerritos Senior Center at Pat Nixon Park. Also on June 21. Contact Mayette Centeno at (562) 331-0938.
- June 11 • **Cerritos Republican Club**, 7 p.m., Contact Dean Grose for location at (562) 241-0235 or deanlosal@gmail.com or visit cerritos-republican.org.
- **Rabies Clinic** 6-7:30 pm., Cerritos Park East Shelter 1.
- June 13 • **City Council** meeting 7 p.m., City Hall Council Chamber.
- **Woman's Club of Artesia-Cerritos**, 11 a.m., Cerritos Park East. Contact Sue Verway at (562) 926-2660.
- **Da' Hawaii Seniors Club**, 2-5 p.m., Cerritos Senior Center at Pat Nixon Park. Also on June 27. Contact Carmelita Tiongson at (562) 305-7995.
- June 17 • **Summer Reading Program begins**
- June 19 • **Juneteenth**
- June 25 • **Property Preservation Commission** meeting, 7 p.m. City Hall Council Chamber.
- June 26 • **Let Freedom Ring Committee** meeting, 7 p.m., Cerritos Sheriff's Station/Community Safety Center.
- June 27 • **City Council** meeting 7 p.m., City Hall Council Chamber.

June 2024						
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Take preventative steps against mosquitoes

As temperatures continue to rise, vector control experts stress the need for the public to take preventative steps against mosquitoes.

Mosquitoes can transmit diseases such as West Nile virus, which can cause debilitating illness and death to humans as well as birds, horses and other wildlife. Twenty percent of people infected with West Nile virus will exhibit flu-like symptoms, and one in 150 people infected will require hospitalization. There is currently no cure or vaccine for the virus.

The Greater Los Angeles Vector Control District (GLACVCD), a local government and public health agency dedicated to reducing populations of public health vectors and preventing human infection associated with mosquito-transmitted diseases, has issued the following tips to stay safe.

- Eliminate standing water around the home. It takes as little as five days for mosquito eggs to hatch into biting adults.
- Many children play sports or are outdoors from late afternoon to the evening hours, when mosquitoes are most active. Anyone outside during these hours should wear long-sleeved shirts and pants and use insect repellent containing DEET, Picaridin and oil of lemon eucalyptus.
- To help West Nile Virus surveillance and control efforts, report dead birds at westnile.ca.gov.

For more information, call GLACVCD at (562) 944-9656 or visit glacvcd.org. ■

Follow Cerritos on social media

Stay in the know with what's happening in the City of Cerritos and at the Cerritos Center for the Performing Arts. Follow us on Facebook @CityCerritos, on Instagram @city_of_cerritos, on LinkedIn @cityofcerritos, on YouTube @CityofCerritos and on X @CityCerritos to get the latest City updates. Go to cerritos.us/main/social_media.php for all the links. ■

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The Cerritos News

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Public Works (562) 916-1220
Recreation Services..... (562) 916-1254
CCPA (562) 916-8510
Cerritos Library (562) 916-1350
Cerritos Senior Center (562) 916-8550
Cerritos Sheriff's Station (562) 860-0044
E-mail webmaster@cerritos.us

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