

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>VOLUNTARY DONATION FOR SENIORS 60 YRS & OLDER \$3.00 FEE FOR NON-SENIORS \$7.00</p>			<p>1 BEEF LASAGNA WG Roll Zucchini Medley Broccoli Slaw Tropical Fruit Cream Sandwich <i>or</i> Cookie</p>
<p>4 SPLIT PEA SOUP BAKED ZITI (TURKEY) WG Pasta Sourdough Bread Corn Zucchini Medley Kiwi</p>	<p>5 ROSEMARY CHICKEN w/CREAMY GARLIC SAUCE Couscous Pilaf Broccoli & Cauliflower Chopped Salad Apple or Applesauce Green Gelatin</p>	<p>6 TOMATO SOUP MEATLOAF w/GRAVY WG Bread Mashed Potatoes Mediterranean Salad Fruit Cocktail w/Coconut Garnish</p>	<p>7 Happy November Birthdays! BBQ CHICKEN WG Dinner Roll Carrots Baked Beans Orange "Cake"</p> 	<p>8 Choice of Entrée GARLIC BUTTER FISH <i>OR</i> SWEET & SOUR PORK Biscuit / Brown Rice Spinach Coleslaw Banana</p>
<p>11 ALL SITES CLOSED VETERAN'S DAY</p> 	<p>12 BEEF STEW w/ POTATOES, CELERY, ONION WG Dinner Roll Carrots Creamy Dill Cucumber Salad Orange Fruited Vanilla Yogurt</p>	<p>13 LENTIL SOUP CHICKEN MARSALA w/MUSHROOM & WHITE WINE SAUCE WG Penne Pasta Peas & Onions Marinated Beet Salad Kiwi</p>	<p>14 BREADED FISH Flour Tortilla (1) Brown Spanish Rice Zucchini Medley Creamy Coleslaw w/Chipotle Dressing Banana</p>	<p>15 CHICKEN CILANTRO SOUP BBQ HAMBURGER WG Bun Broccoli Macaroni Salad Plum or Pear</p>
<p>18 Choice of Entrée TURKEY CHILLI w/BARLEY OR VEGETARIAN CHILI w/BARLEY Cornbread / Baked Potato Chopped Kale & Spinach Salad w/Tomatoes Pear</p>	<p>19 CREAMY CILANTRO BAKED FISH Biscuit Brown Rice Pilaf Broccoli Romaine Caesar Salad w/CROUTONS Kiwi</p>	<p>20 ROAST BEEF w/GRAVY WG Roll Mashed Sweet Potatoes Collard Green Waldorf Salad Vanilla Wafer</p>	<p>21 FIDEO SOUP CHICKEN SALAD BOWL WG Roll Garden Salad Garbanzo Bean w/Red Onion, Celery & Tomato Mandarin Oranges</p>	<p>22 Thanksgiving Luncheon ROAST TURKEY w/GRAVY Dinner Roll, Cranberry Sauce Cornbread Stuffing Mashed Potatoes Peas & Carrots Fruit or Fruit Cup Pumpkin Pie</p> 
<p>25 SPAGHETTI w/MEATBALLS Sourdough Bread w/ Garlic Spread WG Spaghetti Broccoli Romaine Caesar Salad Apple or Applesauce</p>	<p>26 CHICKEN ENCHILADA CASSEROLE w/ RED SAUCE Black Beans Tomato & Cucumber Salad Orange</p>	<p>27 Cream of Broccoli Soup FISH VERA CRUZ WG Bread Corn Carrot Salad Kiwi Vanilla Chocolate Swirl Pudding</p>	<p>28 ALL HSA SITES CLOSED</p> 	<p>29 ALL HSA SITES CLOSED</p> 